

FUNDAMENTALS OF FAITH

Cast All Your Care Upon The Lord

I. **Casting your care is a fundamental of faith-1Pt5:5**-Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resists the proud, and giveth grace to the humble. **6** Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: **7** Casting (throw, quick toss, sudden motion) **all** (any, every, all) your **care** (Care-G3308 (Merimna)-Through the idea of distraction; Solicitude-Concern, anxiety, uneasiness of mind occasioned by fear of evil; Care; Thayer-Care, anxiety) upon him; for he cares for you. **8** Be **sober** (dispassionate-not dictated by emotions, temperate), be **vigilant** (awake, on the watch, circumspect-looking on all sides); because your adversary the devil, as a roaring lion, walketh about, seeking whom he may devour: **9** Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world; **Mt6:25**-Therefore I say unto you, **Take no thought** (G3309 care) for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? **26** Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they? **27** Which of you by **taking thought** (G3309 care) can add one cubit unto his stature? **28** And why **take ye thought** (G3309 care) for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin: **29** And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these. **30** Wherefore, if God so clothe the grass of the field, which today is, and tomorrow is cast into the oven, shall he not much more clothe you, **O ye of little faith** (lacking confidence, trusting too little, incredulous-not believing)? **31** Therefore **take no thought** (G3309 care), saying, What shall we eat? or What shall we drink? or Wherewithal shall we be clothed?

- A. Don't take the care. cast it on the Lord-Jesus said don't take it; 1Pet5:7 says cast it
- B. Taking the care is not of faith-They were taking the care of these things (V28) and Jesus called it little faith (V30)
- C. Casting your cares is a fundamental of faith-To live by faith, to be in faith means you are not taking the care, but instead you have casted it upon the Lord; A big part of living by faith is keeping cares off you, not taking the care
- D. Fundamental of victory-You can't take the care and enjoy victory because taking the care is not of faith and faith is the victory

II. We to cast **ALL** our care upon the Lord-1Pt5:7

- A. Care-A care is a concern, something that causes anxiety, uneasiness of mind caused by fear of evil (**Grace school**)
- B. In this life cares will try to settle down upon you. get in you and take hold of you-This is why He told us what to do with cares
- C. When a care about ANYTHING tries to settle down upon us. get in us. and take hold of us. what are we to do?
- D. Cares can be thrown-You can throw a care, a concern that tries to come on you; We are to throw them quickly (Hot potato)
- E. Cast all (any. every. all) your care upon the Lord-Is God really serious about this, "all your care?"
 - 1. How are we doing with all our care?-How good are we at this?
 - 2. Let's practice-What if a care about the nation, your finances, your kids, your pet gold fish Harold, your parents, your future tries to come on you? What do you do with it?
 - 3. A sign you're getting good at this is the frequency at which you do it-Cares of all kinds are always trying to come on us
 - 4. We are not supposed walking around anxious, worried, or weighed down with care about anything ever-Too many of us are walking around troubled about something all the time; This shouldn't be and to do so is not of faith
- F. We can't stop cares from trying to settle down upon us. get in us and take hold of us-You'll have opportunities to take cares, you'll feel the anxiety and concern try to come on you and you can't stop that
- G. But we don't have to take the care of anything ever-These cares that try to come on us, we don't have to let them rest upon us, get in us and take hold of us

III. We can cast all our care upon the Lord and be careful for nothing-Ph4:6-Be careful [Careful-G3309 (Merimnao) from 3308-To be anxious about: Be, have care, take thought; Thayer-Be troubled with cares] for nothing (no, none, not at all, not any, nothing) but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. 7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.

A. You start by believing that it is possible-Is it even possible to be careful for nothing?

1. When God commanded you to do this, He authorized and empowered you to do it-You have the authority and ability to cast every care on him; This is 100% possible, but so many are so underdeveloped
2. You have the ability to be careful for nothing-To walk on the water the first thing Peter had to believe was that he could; Peter could have said it's not possible and he would have been sitting in the boat with the ability to walk on the water; You can say it's not possible to be careful of nothing and sit in the boat of care with the ability to be careful for nothing

B. The only way to be careful for nothing is to cast every care that comes to you upon the Lord-1 Peter 5:7 is how you do and enjoy Philipians 4:6

1. God is not going to cast your cares upon Himself for you-This is why the *careful nothing life* alludes so many because rather than casting their cares on the Lord, they ask the Lord to take their anxiety and give them peace

C. A sign that you're are getting good at casting your care upon the Lord is the level of peace you enjoy