

FUNDAMENTALS OF FAITH

All About Access

- I. **Our adversary is looking for access into our lives-1Pt5:5-Likewise, ye younger, submit yourselves unto the elder. Yea, all of you be subject one to another, and be clothed with humility: for God resists the proud, and giveth grace to the humble. 6 Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: 7 Casting (throw, quick toss, sudden motion) all (any, every, all) your care (Concern, anxiety, uneasiness of mind occasioned by fear of evil) upon him; for he cares for you. 8 Be sober (dispassionate-not dictated by emotions, temperate), be vigilant (awake, on the watch, circumspect-looking on all sides); because your adversary the devil, as a roaring lion, walketh about, seeking (seek in order to find) whom he may (W1828-Have license or permission, to be allowed) devour: 9 Whom resist steadfast in the faith, knowing that the same afflictions are accomplished in your brethren that are in the world**
- A. **Satan comes looking FOR access**-He's seeking, he's looking for something, he's looking for access (whom he may)
1. **May-W1828-Have license or permission or to be allowed**
 2. **He needs access to devour**-He's cannot just do his bidding and have his way with every person on the planet
 3. **There are some he may not devour**-Elsewise he wouldn't have to look for whom he may devour
- B. **Satan comes TO steal, kill and destroy**-He comes for no other reason; He doesn't come to develop you spiritually, to get the pride out of you, he's not God's whipping boy-**Jn10:10-The thief cometh not, but for to steal, to kill and to destroy**
- C. **Walking about seeking whom he may devour is his daily activity-Jb1:7-The Lord said unto Satan, Whence comest thou? Then Satan answered the Lord, and said, From going to and fro in the earth, and from walking up and down in it. 8 And the Lord said unto Satan, Hast thou considered my servant Job, that there is none like him in the earth, a perfect and an upright man, one that feareth God, and escheweth evil? 9 Then Satan answered the Lord, and said, Doth Job fear God for nought? 10 Hast not thou made an hedge about him, and about his house, and about all that he hath on every side?**
1. **He knows so much about that hedge because he was casing Job's life looking for a way in and found none**-He really seeks whom he may devour and he can really do that and have no way in
- D. **2 questions we need to answer**-1.What gives him access? 2.Who can deny him access?
- II. **Taking the care is yielding to the enemy and this lets him in**
- A. **It's the enemy who inspires you to take the care not the Spirit of God**
1. **God will never inspire you to take the care, worry or be anxious**-He will inspire you towards peace and when we yield to Him we enjoy peace-**Ph4:9-The God of peace shall be with you; Is9:6-Prince of peace; Ep6:15-Gospel of peace; Jn14:26-The comforter (alleviates distress of mind) which is the Holy Ghost whom the Father will send in my name**
 2. **It's the enemy who inspires you to take the care**-He's the one trying to push you into cares, worry, anxiety, fear
 - a. **The enemy is the spirit of bondage and fear, he's full of fear**-You become like the spirits you yield to-**Rm8:15-You have not received the spirit of bondage again to fear, but you have received the spirit of adoption whereby we cry abba, Father; Js2:19-The devils believe and tremble (shutter); Js4:7-Resist the devil and he will flee from you**
- B. **Taking the care is yielding to the enemy**-When you take the care you're doing what he is inspiring you to do, yielding to him
- C. **Yielding to the enemy lets him in**-Taking the care is yielding to the enemy and it lets him in
1. **Sin is yielding to him and it lets him in**-He's the one who inspires you to sin-**Ep4:26-Be angry and sin not: let not the sun go down upon wrath: neither give place to the devil**
 2. **You become subject to whom you yield to**-Subject to his will and plan for you-**Rm6:16-Know you not, that to whom you yield yourselves servants to obey, his servants (subject) you are to whom you obey**
- D. **Cares have a bigger purpose than making you feel bad**-We need to not just water this down to being about your feelings
1. **The enemy is not satisfied with you just being fearful or anxious**-He seeks what the fear and anxiety **affords** him and it affords him access to steal, kill and destroy

2. The enemy wants you take the care and leave faith, because it opens you up and gives him access-*Ep6:16;Pr30:5*

III. The enemy presents a care to you in the form of a thought accompanied with feelings, wanting you to take it, yielding to him and giving him access

- A. Many aren't recognizing the enemy-Thoughts and feelings of anxiety and concern are the enemy, from the enemy; People think these thoughts and feelings of care are just from within and don't recognize they're from him
- B. When these thoughts and feelings of concern come we are to cast our care on the Lord-You can throw a care, a concern that tries to come on you; We go into throw mode
- C. When these thoughts and feelings of concern come be sober (dispassionated, not dictated by emotions)-When cares come it's easy to get emotional, but that doesn't change what you're supposed to do with that care
1. A mantra pilot training is to keep flying the plane-It's easy to get emotional when it looks like the plane is going down but that doesn't change the fact you're supposed to keep flying the plane
 2. If you react emotionally, you'll make a mistake, you'll take the care and let the enemy in-(Captain Roger Herbert Commander of Seal Training Program-When you look at historic mistakes on the battlefield, they're almost always associated with fear and panic. So the capacity to control these impulses is extremely important)
 3. When a care tries to come on you, be tactical not emotional-Do something that gets you closer to the answer-*Mt6:27*
 4. This doesn't come naturally you have to yourself in these things
 5. Sober also means temperate-He wants to work you into an emotional fit so intoxicated by emotion you no longer are aware of what you're doing, what he's trying doing
- D. When these thoughts and feelings of concern come be vigilant (awake, on the watch, looking on all sides)-When a care comes he's trying to get it, wake up, be on the watch
- E. When these thoughts and feelings of concern and worry come we are to resist Him steadfast in faith
1. We are to resist steadfast (strong, immovable) because he's incessant with these cares-Because he's trying to get in
 2. One of his tactics is to wear you down until you cave-To bring that care to you so much that you finally give in
 3. We resist the temptation to take the care, the thoughts and feelings of concern-We're immovable
 4. Just because thoughts and feelings of concern come back to you doesn't mean you didn't cast that care-That's the enemy trying to get you to take it again and so you just resist
- F. Peter took the care, yielded to the enemy and let him in-Mt14:24-*The ship was now in the midst of the sea, tossed with waves: for the wind was contrary. 25 And in the fourth watch of the night Jesus went unto them walking on the sea. 26 And when the disciples saw him walking on the sea, they were troubled (anxious or distressed), saying, It is a spirit; and they cried out for fear. 27 But straightway Jesus spake unto them, saying, Be of good cheer (have courage, comfort); it is I; be not afraid. 28 And Peter answered him and said, Lord, if it be thou, bid me come unto thee on the water. 29 He said, Come. And when Peter was come down out of the ship, he walked on the water, to go to Jesus. 30 But when he saw (look upon, gaze at, turn thoughts to) the wind boisterous, he was afraid (care-uneasiness of mind caused by fear of evil); and beginning to sink, he cried, saying, Lord, save me. 31 And immediately Jesus stretched forth his hand, and caught him, and said unto him, O thou of little faith, wherefore didst thou doubt?*
1. What does the enemy want to do? What's he looking for?-He's not just trying to scare Peter; He starts with no access
 2. What happened-He is doing fine and all of the sudden he has a thought, *what if I fall* and that brought feelings of anxiety and instead of resisting those thoughts and feelings and casting that care on the Lord he took the care, yielded to the enemy, gave him access – To take the care is not of faith-O thou of little faith
 3. What would Peter tell you about that night in his own words?-He wrote 1Pet5:7 and he learned it this night on the water

1. Well John the Baptist had just been beheaded and when we went and told Jesus and Jesus hopped on a boat and went to a desert place apart to be alone and pray. He did that often. But when the people heard he was out they followed him. When he saw the people he was moved with compassion. He loved people and he loved ministering to people and so he healed their sick and this went on all day. We finally told him that there's nothing to eat out here and we need to send the people away to get something eat. Well he told us to feed them and we told him we only have two pieces of fish and five loaves of bread and that's just not enough to feed all these people. He said give it to me and he had the people sit down and then he blessed the food and gave it to us to give to the people. We thought to ourselves it won't take long to pass this out. As we passed it out he kept giving us food. We'd pass out what we had and come back and he'd give us a more and before long everybody there had food and we turned around and saw there were still 12 baskets full. Your head almost didn't want to believe what you're eyes were seeing. We feed thousands of people that day. Jesus told us to get in the ship and to go before him to the other side and that he would send the people away and so we did. And Jesus finally got to be alone and went up into the mountain apart to pray. We are on the ship in the forth watch of the night (3am-6am) and it was a rough night on the water. We're tired, but we're so excited about what we just witness that we're sitting there talking about it. It was some day. We saw the sick healed, we saw food multiplied and we saw our Master one of his finest hours. As we sat and talked we some something walking on the water and we were afraid. We thought it was a spirit. Jesus said it's me don't be afraid. I wanted to check him out and so I said if it is you tell me to come to you on the water. I knew he was the only one that could give me the power to walk on the water. He said come and so I stepped out of the boat and I'm standing on the water. My whole life I've stepped into water, but this time I'm stepping on the water. I look up at Jesus with a big smile on my face and he looks back at me with a big smile on his. And so I take a step and another and it was cool man. And then all of the sudden a thought comes to me about how strong the wind is and and started thinking about and looking at the wind. Then another thought comes to me what if fall, what if drown and with that came feelings of concern, anxiety, panic and fear. And instead of casting the care of that on the Lord like I would later write by the spirit in my letter, I took the care and the moment I did my foot went through the water and I fell in and now I'm in the sea in the middle of the night. I cried out to our Master save me, help me and he reached forward and caught me and said to me O you of little faith, why did you doubt? Those words were so life-changing for me because he was showing me that doubt destroys and had I not took the care the devil never could have got to me. I should have resisted those thoughts and feelings and cast my care upon the Lord, but I didn't. So later when I began to pen my letter by inspiritaiton of the Holy Spirit I was hopeful that he would allow me to share what I learned that night. And finally towards the end of my letter, of what you know as 1 Peter 5, he allowed me to share it with you.

IV. Taking the care is a choice

- A. With every care that comes to you, you have a choice and there are only two options: Take it or cast it upon the Lord- You do one of those two with every care that comes to you
- B. If you take the care (worried, anxious, troubled) that was your choice-You chose to take the care and you didn't have to
 - 1. It's not your choice whether or not feelings and thoughts of care, worry and anxiety come to you-It is your choice whether or not you take the care and yield to those thoughts and feelings
- C. Many believe they can't help it but to take the care and worry-Are we helpless and at the mercy of cares and worry? Do we ever **have** to take the care? Do we ever **have** to worry? Are we just victims of worry and there's nothing we can do?
- D. According to Jesus, you never have to take the care, worry or be troubled-*Mt6:25-I say unto you, Take no thought for your life; Jn14:1-Let not your heart be troubled (ST-Stir, agitate, trouble; TH-Inward commotion, restless, render anxious or distressed; W1828-To grieve or make sorrowful) you believe in God, believe also in me; 27 Peace I leave with you, my peace I give unto you: not as the world gives, give I unto you. Let not your heart be troubled, neither let it be afraid.*
 - 1. Jesus tells them that he's leaving and they can't go with him and they are troubled about it-He was their everything for the better part of three years and following Him created enemies for them and He says I'm leaving and you can't go and they take the care and are troubled and He says stop it, stop being troubled – **Can they just stop it?**
 - 2. Your heart with the enemy's help may try to be troubled, but YOU don't let it-It'll try but don't let it
- E. The enemy sells the lie you can't help it-That's another way of saying you don't have authority over it
 - 1. Jesus says you don't let your heart be troubled-That's another way of saying you have authority it
 - 2. Blame to shame-When the truth about this is preached the enemy will tell you their blaming and shaming for your anxiety and depression; It's not about blaming and shaming it's about the Lord trying to get you to see you're bigger on the inside than you realize
 - 3. Depression, anxiety panic attacks are the enemy's doing and they are result of taking the care over a long period of time-Doing this will cause chemical imbalances, brain waves to change
- F. A doctor diagnosed you and wrote it down on a piece of paper and gave you medicine for it and so you're clinically depressed and to many that's the final authority; Well another doctor diagnosed you and He is the great physician and he diagnosed you as being full of His joy and peace and he gave you medicine his words are medicine and he said here is the antidote for depression and anxiety cast all your cares on me and rejoice always; You may be clinically depressed, but you're scripturally free

V. NOTES

- A. Job took the care, yielded to him and let him in-*Job3:25-For the thing which I greatly feared is come upon me, and that which I was afraid of is come unto me. I was not in safety, neither had I rest, neither was I quiet; yet trouble came*
- B. Casting your care and the enemy looking to devour and resisting him, these are all connected-1Pet5:7-9**
- C. Cast your all your care upon the Lord-Why to take the care is not of faith and it's to yield to him and give him access

- D. **1Jn4:18**-*There is no fear in love, but perfected love cast out fear because fear hath torment*
- E. The wind and no affect on him until he looked it-It was blowing the whole time, but had no power of him until he looked at it and took the care of it
- F. Theses verses are talking about (5) getting help from God, (6) Being exalted (7) Casting your care (8) Being sober and vigilant (8) The devil looking to devour (9) Resisting him
1. 5 things in regards to the enemy looking to devour 1.Humble yourself 2.Cast care 3.Be sober 4.Be vigilant 5. Resist
- G. To not worry you have to trust
- H. How we cast our cares?
- I. Get into someone hands that can fix it?
- J. Pride of taking the care-You can be your own source
1. Humility deals in reality
- K. Ps55:22-If you don't cast your care upon him you won't be sustained
1. The way to get helped is humble yourself and cast your care upon the Lord
 2. Humble yourself you can't fix it; It's pride to think you can
- L. You're wanting to talk to me about something I no longer have-I don't have the care
- M. Well John the Baptist had just been beheaded and when we went and told Jesus and Jesus hopped on a boat and went to a desert place apart to be alone and pray. He did that often. But when the people heard he was out they followed him. When he saw the people he was moved with compassion. He loved people and he loved ministering to people and so he healed their sick and this went on all day. We finally told him that there's nothing to eat out here and we need to send the people away to get something eat. Well he told us to feed them and we told him we only have two pieces of fish and five loaves of bread and that's just not enough to feed all these people. He said give it to me and he had the people sit down and then he blessed the food and gave it to us to give to the people. We thought to ourselves it won't take long to pass this out. As we passed it out he kept giving us food. We'd pass out what we had and come back and he'd give us a more and before long everybody there had food and we turned around and saw there were still 12 baskets full. Your head almost didn't want to believe what you're eyes were seeing. We feed thousands of people that day. Jesus told us to get in the ship and to go before him to the other side and that he would send the people away and so we did. And Jesus finally got to be alone and went up into the mountain apart to pray. We are on the ship in the forth watch of the night (3am-6am) and it was a rough night on the water. We're tired, but we're so excited about what we just witness that we're sitting there talking about it. It was some day. We saw the sick healed, we saw food multiplied and we saw our Master one of his finest hours. As we sat and talked we some something walking on the water and we were afraid. We thought it was a spirit. Jesus said it's me don't be afraid. I wanted to check him out and so I said if it is you tell me to come to you on the water. I knew he was the only one that could give me the power to walk on the water. He said come and so I stepped out of the boat and I'm standing on the water. My whole life I've stepped into water, but this time I'm stepping on the water. I look up at Jesus with a big smile on my face and he looks back at me with a big smile on his. And so I take a step and another and it was cool man. And then all of the sudden a thought comes to me about how strong the wind is and and started thinking about and looking at the wind. Then another thought comes to me what if fall, what if drown and with that came feelings of concern, anxiety, panic and fear. And instead of casting the care of that on the Lord like I would later write by the spirit in my letter, I took the care and the moment I did my foot went through the water and I fell in and now I'm in the sea in the middle of the night. I cried out to our Master save me, help me and he reached forward and caught me and said to me O you of little faith, why did you doubt? Those words were so life-changing for me because he was showing me that doubt destroys and had I not took the care the devil never could have got to me. I should have resisted those thoughts and feelings and cast my care upon the Lord, but I didn't. So later when I began to pen my letter by inspiraiton of the Holy Spirit I was hopeful that he would allow me to share what I learned that night. And finally towards the end of my letter, of what you know as 1 Peter 5, he allowed me to share it with you.