

THE CHARACTER LIFE

Ruling Words

Foundation Statement: With a strong spirit that's fed on the Word you can tell your mind what to think and your body what to do. A strong spirit will lead to a renewed soul and renewed soul will lead to a dominated body.

I. We need to feed our spirit and develop it to the place where it is strong and able to dominate the soul and body

- A. 1 Peter 5:8-Be self-controlled in your mind because where your mind goes you're body will go and there's a devil out there
 - 1. You take control over your mind with a strong speaking spirit
- B. Your body and soul are dominated through a strong spirit
 - 1. A weak spirit won't be able to control the mind and if the mind is not controlled neither will the body be

II. With your mouth you can control the soul and body-James 3:6-The Whole Body

- A. Psalm 103:1-2 – David spoke to His soul
 - 1. Soul – Seat of the appetites, seat of emotions and passions, activity of mind, activity of the will, activity of the character
 - 2. If he's having to tell his soul to bless the Word that must mean that his soul isn't wanting to bless the Lord
 - 3. If he's having to tell his soul to not forget all the benefits of God in his life that must mean his soul is wanting to stray and thinking about all the things going wrong
 - a. His spirit is literally telling his soul to remember all the good things the Word says
 - 4. We know David's spirit was full of the Word and strong he fellowshiped with God hours and hours at a time
- B. Your will won't go a way your mind's not going, your mind won't go a way your mouth is not going and your mouth won't go a way your spirit's not going

III. If you can control your tongue you can control your whole body (James 3:2)

- A. If you can control your tongue then you can restrain and hold your body in check
 - 1. The whole course of life is set by your mouth (James 3:6)
 - 2. Wherever the bit goes the horse goes, wherever the rudder goes the ship goes and wherever your tongue goes your life goes

3. Whoever controls the bit controls the horse; whoever controls the rudder controls the ship; whoever controls your tongue controls your life

B. The strength of your spirit determines the control of your mouth

1. Your spirit is connected to your mouth in that what you say with your mouth is directly connected to the nourishment and strength of your spirit (2 Corinthians 4:13, Matthew 12:34)

a. If your spirit is strong and nourished up on the words of faith, then it will control your mouth and those words will come out of your mouth

b. If your spirit is weak fed on evil words then your mouth will be controlled by your unrenewed mind and poorly trained body and those words will come out of your mouth

2. The potential to control your mouth, your mind, and in turn your body can be measured by the amount of word that is fed to your spirit

a. With little word fed into your spirit your potential to control your mouth, mind, and body is little because your spirit is weak

C. You can measure the maturity and character of a person by measuring what they say out their mouth

1. If you can't say the right thing, you won't think the right thing, and you won't do the right thing

2. If you can bridle the tongue, then you can bridle the body; to bridle the tongue and in turn the mind and in turn the body you have to be strong and nourished up in spirit

IV. Proverbs 18:14 – A strong spirit will sustain a man in trouble

A. A strong spirit can support the weakness of the soul and body

B. If your spirit is weak there's no hope for you