

YIELD OR RESIST

The Power Of Resistance

- I. Js4:7,1Pt5:9,Eph6:11,4:26-Why is resistance so important? Because it's the only thing the enemy responds to
- A. Who is he fleeing from? – Only those who resist him
1. It's a very select group of people; He's not just fleeing from Christians, from people who go to church, from people who read their Bible, from people who pray, from people who take notes – ONLY THOSE WHO RESIST HIM
- B. He only responds to you looking at him and saying NO in the name of Jesus
1. Flee-To run away; *MSG-Yell a loud no to the devil and watch him scamper; VO-He will run away in failure*
 2. Cry? Beg God to do something? Feel sorry for yourself? Talk about your problem/feelings? Is any of this resisting?
 3. 1Pet5:9-Find out what God says. get in faith, believing, speaking, thinking, acting like that word is true and that will be against, resisting and opposed to everything the devil is trying to do in your life – This is what he responds to
- C. Through this the power of resistance you can rid your life of what you don't want
1. If you're not resisting it, then you shouldn't be shocked that it's still hanging around
 - a. These negative circumstances, thoughts, feelings what will they respond to?
 2. Whatever you want to get away from you or get rid of, you must resist
 - a. If you're not resisting it, you're never going to get rid of it
 3. You must actively resist --- Passiveness will get you defeated and destroyed – It's the first step towards defeat
- II. If the things you resist flee, then the things you yield to will hang around
- A. Him fleeing is connected to your resisting – *Resist the devil AND he will flee from you*
1. What if you don't resist the devil? Is he going to flee from you? No he'll do the opposite he'll stay
- B. What you don't oppose, what you don't resist you're going to have (Yield-Not oppose, give up resistance)
1. Whatever you're complying with, tolerant of you're going to have
 2. 1Sam1-What she yielded to hung around and when she resisted it, it left
 - a. 6-11-She is troubled, sorrowful, frustrated, grieved, crying, not eating, angry, chaffed, discontent, miserable
 - 1) Is she resisting or yielding? While she's yielding what you can she expect?
 - 2) It's no wonder some are having such a hard getting rid of the devil, they're not resisting
 - b. 17-19-*Go in peace* is the opposite of what she's doing; It's a choice to not yield and when she stopped it left
 - 1) It sounds to me like it's completely in her control
- C. If you don't want it in your life then never yield to it
1. The world actually teaches that the way to get rid of grief is to grieve
- III. We need to be quick to resist because the things you yield to, the stuff you let in grows and gains strength
- A. Gal5:9-What you yield to, you let in, you let come on you and the warning here is to beware of letting even a little in
1. *TPT-Don't you know that when you allow even a little lie into your heart, it can permeate your entire belief system; NCV-Be careful! Just a little yeast makes the whole batch of dough rise; MSG-It only takes a minute amount of yeast, you know, to permeate an entire loaf of bread*
 2. If you don't want a lot of it, don't yield to any of it
 3. 2Tim2:16-17-Shun this stuff that will come in and eat and spread; 1Cor5:6-7-Purge out the old leaven
- B. 1Pt5:8-We have to be ever watchful
1. Vigilant-Watchful, on the watch; *CJB-Stay alert; CEV-Be on your guard; GN-Be on watch; NLV-Watch at all times; VO-Stay on guard*
 2. Be on the watch for what, stay alert for what? For your adversary; If he comes resist him
 3. Stay on the ready and stay in resistance mode
 4. Satan always starts small; We can't afford to yield to a little of the wrong thing for even a moment
 - a. *Pro4:23-AC-Guard your heart above all that you guard; 2Co10:5-Cast down imaginations & every high thing*
- C. You don't play, you resist now - Delayed resistance is yielding

1. Mt4-There was no pondering, discussion, or thought given to this – It was immediate resistance
 - a. Eph4:26-Give the enemy no place (Foothold)
2. When you are slow to resist the enemy gains momentum
 - a. If you don't resist when you should, it gets more difficult to resist later b/c the force you're resisting gains momentum and you can yield so much that it gets to the place where it feel like you can't resist
3. When you're struggling badly it's usually because you yielded to the wrong thing over time and it has built