

YIELD OR RESIST

Supposed To Resist

I. This idea of resisting and not yielding is all over the Bible

A. 2Co10:5-We cast down imaginations & every high thing that exalts itself against the knowledge of God; That's resisting

1. Cast down-Take down with the use of force – That's not yielding to, complying with, agreeing with
 - a. *MSG-We use our powerful God-tools for smashing warped philosophies, tearing down barriers erected against the truth of God, fitting every loose thought and emotion and impulse into the structure of a life shaped by Christ; WEB-Throwing down*
2. Ph4:8-You're supposed to fix your mind on these things; Does this happen automatically? Has anything ever come to your mind that isn't on this list? What do you do when something else comes to your mind? You resist, you say no
 - a. *AC-Fix your mind; CSB-Dwell on; CJB-Focus your thoughts; TP-Keep your thoughts continually fixed*
3. Does the enemy tempt you to think on other things? Does he bring other thoughts to you? What do you do?

B. Pr4:23-We are to guard our heart and resist and say no to anything wrong that tries to get in

1. Keep-Guard, watch over; *MSG-Keep vigilant watch over*
2. Why would he have to tell you to guard your heart? Because things will try to get in that you don't want to let in
3. When something wrong tries to get in your heart that shouldn't be in there what do you do? You resist, you say no
4. Who's guarding your heart? You are, God told you to do that, so praying to Him when things try to come in won't cut it

C. 1Cor16:13-When something tries to come and move you out of faith you're supposed to resist and stand firm

1. Why would he have to say stand firm in your faith? Things will come to try to move you out of faith
 - a. *AMPC-Be alert and on your guard; stand firm in your faith. Act like men and be courageous; grow in strength*
2. When something tries to move you out of faith what do you do? You resist, say no, stand firm, refused to be moved
 - a. When doubts come, when unbelief comes, when evil reports come what do you do? Talk about how you have doubts? Talk about how you question God? No I refuse to doubt, I resist doubt, I resist unbelief

D. John 14:27-When thoughts and feelings of fear, anxiety and distress come we are to resist

1. Why would Jesus have to tell them this? They're experiencing feelings/thoughts of anxiety, fear, dread, distress
2. When they were feeling this way Jesus told them to not yield to it, to not allow it
 - a. *TPT-Don't yield to fear or be troubled in your hearts – instead be courageous*
 - b. They have the authority to not allow it, so feeling this way what do they need to do? Pray? Ask God to do something? Exercise the authority they have?
3. Jairus got a bad report; His thoughts and feelings must be going every direction; Jesus looks at him and say fear not; What is Jesus telling him to do with all these thoughts and feelings of fear? Resist and don't yield
 - a. That doesn't seem very sensitive – It's not insensitive, it's empowering
 - b. *Mk5:36-TPT-Jesus refused to listen to what they were told and said to the Jewish official, "Don't yield to fear. All you need to do is to keep on believing."*

E. If there is a carnal desire that tries come on us, we are to resist

1. *1Th4:5-TPT-Not yielding to lustful passions like those who don't know God*
2. Gal5:17,24-The flesh has desires that are against the spirit and you have flesh so when these desires of the flesh rise up what do you do? Yield to them? No you are to tell your flesh no and resist

F. Hb4:15-He had feelings and thoughts that pulled on him to talk, think, act wrong and he never yielded, but resisted

1. Hb2:18-He's able to help us when we are tempted to not yield, but resist – He does the helping, you do the resisting

G. 1Th4:13-If feelings of sorrow come on you, you're supposed to resist and not yield

1. You've been taught wrong for so long that the right thing sounds wrong