

## NO MORE FEAR

### Winning Over Fear By Winning In The Mind

**FOUNDATION STATEMENT:** The enemy speaks words in the form of a thought suggestion, a person gives their mind & attention to those words, and through their mind it is fed into their spirit and with fear in a their spirit they'll act in fear and deactivate the anointing

- I. We are at war aren't we; The battle is not a fought in the physical natural world (2 Corinthians 10:3-5)**  
(3-Versions- NIV-For though we live in the world, we do not wage war as the world does; NLT-We are human, but we don't wage war as humans do; CEB-Although we live in the world, we don't fight our battles with human methods.; NCV-We do live in the world, but we do not fight in the same way the world fights.; GW-Of course we are human, but we don't fight like humans.; HCSB-For although we are walking in the flesh, we do not wage war in a fleshly way)
- A. The battle is not with the sickness, the lack, or the addiction in the physical realm and reason is because none of those things are any match for the anointing
1. The battle wasn't with Goliath b/c Goliath was no match for then anointing
    - a. The battle was, "who would attend to God's words and not Satan's and feed faith into their spirit and act in faith and access the anointing"
      - (1) When David stepped on the scene that Satan went after his mind?
    - b. He didn't have to defeat Goliath that's the anointing's job
      - (1) He had to win in the mind; He had to hear people tell them he couldn't do it and refuse to give his attention to that
  2. The battle is going on in the mind
    - a. The whole battle is will you do the things necessary in the mind to feed faith into your spirit and access the anointing
  3. Satan's battle is not to put something terrible on you; his battle is to win in the mind, keep you in fear so he can put something terrible on you
- B. He's telling you where the battle is so that you know where you have to win
1. He's telling you where to put your focus; don't be concerned about what's going in this natural; Focus on the war that's going in your mind
  2. If you'll win the battle in the mind, your life will match it (Prov 23:7, 3 John 2)
  3. Victory in life is a by-product of victory obtained in the mind
- C. If Satan speaks words & they rule in your mind, they'll reign in your spirit you'll act on that fear, the anointing will stop & you will lose-When he speaks will you win?

## II. How to win in the mind

- A. This is where the fear-free life is
  - 1. EVERYTIME you have a thought that's not in line with God's word it must be destroyed & then you must force your thoughts into submission to the Word of God-That's what's necessary to live a life free from fear
  - 2. Your freedom from fear is in the word EVERY
  - 3. Isaiah 26:3-If you keep your mind on God's Word you won't be in fear
    - a. Peace is the result of trust; trust is an act of faith; faith is the result of giving your mind to God's Word and opening the gate to your spirit
  - 4. Keeping the commandment of love where your mind is concerned will flush fear out (1 Corinthians 13:5, Matthew 22:36)
- B. How do you destroy a thought?
  - 1. To destroy that thought you must open your mouth & speak words that oppose it
  - 2. Here lies the power of the spoken word (Proverbs 18:21)
    - a. With your mouth you can control your thought life
    - b. With your mouth you can determine what your mind feeds on and in turn what gets fed into your spirit & whether or not you walk in the anointing
- C. How to attach your mind to the Word (Philippians 4:8)
  - 1. A life where your mind is fixed on the word must be developed by practice
    - a. People go through a whole day engaging in a number of activities while the whole time worrying about a problem in their lives; they gave their mind over to the words of Satan the in the middle of their activities
    - b. They didn't have to try to do that; it had been practiced so much that they were able to do that with little to no effort
    - c. The mind has the ability to roll things over in it over and over again
      - (1) If you'll practice rolling the Word over in your mind over & over again, there'll come a day when you have to think to do it
      - (2) When you first start you'll have to force yourself to ponder the word
  - 2. Attaching the mind to the Word
    - a. If I keep the Word coming out of my mouth, my mind stays attached to it
    - b. If I keep the Word in front of my eyes, my mind stays attached to it
    - c. If I keep the Word going in my ears, my mind will stay attached to it