

YEILD OR RESIST

Who Gets The Help?

I. Js4:6-Those who yield are the ones who get the grace and the help; Those who resist get resisted (No grace, no help)

A. There's a reason you want to submit, there's a reason you want to yield

1. *Submit yourselves therefore* (These things being so, for this reason) – What things being so? For what reason?
2. Here's the reason you want to yield-God gives grace to the humble and resists the proud

B. Heb4:16-Grace helps, Grace is help (Assist, to run to support in difficulty, need or distress)

1. Whatever you are struggling with when grace shows up and helps you don't struggle anymore
 - a. With enough help you can overcome anything, you can get through anything
2. God's help is 1 of the greatest things you could ever imagine: It's when you are inadequate, you don't know what to do/don't understand, you're struggling, you aren't making progress, you can't figure it out but then grace/help shows up and all of that dissipates and you struggle no more, you know what to do, you make progress
 - a. Acts 26:21-22-People tried to kill him, but he obtained help from the Lord and continued on
 - b. *Rm8:26-KJ-The spirit helps (take hold with another) our infirmities (want of strength to do, to understand); CEV-In certain ways we are weak, but The Spirit is here to help us; TLB-The Holy Spirit helps us with our daily problems; TPT-The Holy Spirit takes hold of us in our human frailty to empower us in our weakness; (EX: Angels in the outfield – This is grace and help)*

C. God is a God who helps

1. God helps-*Ps33:20-Our soul waits for the Lord; He is our help; Ps46:1-Very present help in trouble; Ho13:9-Israel, you have destroyed yourself; but in me is your help; Ps40:17-I am poor and needy; yet the Lord thinks upon me: you are my help*
2. When God helps you don't fail-*Ps46:5-God is in the midst of her; she will not be moved (fall/shaken): God will help her; Ps94:17-18-Unless the Lord had been my help, my soul had almost dwelt in silence. When I said, My foot slips; your mercy held me up*
3. Highly qualified help-*Ps121:2-My help comes from the Lord, which made Heaven and Earth*
4. Brighten up God is your helper-*Ps146:5-Happy is he that has the God of Jacob for his help*
5. God promised to help you and you don't have to be afraid b/c God is going to help you-*Isaiah 41:8-20*
6. God sent you a personal helper-(*Jn14:16-Comforter-Helper, aider, assistant*)
 - a. If you don't know what to do, don't understand, feel you can't go on, aren't making progress-He's there to help

II. Did you know that God is helping some more than he's helping others and it's not by his choice?

A. Every Christian is saved by grace, but not every Christian is experiencing the same level of grace/help

1. *More grace*-There are degrees of grace and degrees of help (More-Greater, larger, stronger, in degree)
 - a. *James 4:6-AC-Gives us more and more grace; CSB-Gives greater grace; TL-Gives us more and more strength to stand against such evil longings; TP-God resists you when you are proud but continually pours out grace when you are humble*
2. *Ac4:33-TP-The apostles gave powerful testimonies about the resurrection...great measures of grace rested upon them all*

B. The more you yield to God the more grace/help, the greater degree of grace/help you experience

1. The way to get more grace is to yield more: Want more help? Yield more (Humble-Low, meek, submissive, yielding)
 - a. Some will listen and yield more than others and so they will receive more help
 - b. God helps those who yield to Him-*Ps37:40-The Lord shall help them, and deliver them: he shall deliver them from the wicked, and save them because they trust Him; Ps115:11-You that fear the Lord and trust in the Lord: he is their help*
2. More grace, more help doesn't just come to people who pray for it, but it comes to those who will yield
 - a. You can be praying to God and resisting him – Just b/c you're asking Him to do something for you doesn't mean that you're yielding to Him

C. If you resist God you get resisted – You can't get any help from God when you're resisting God

1. If humility is yielding, then pride is resisting (Proud-Overtopping; Overestimation of one's own merits)

2. Pride exalts itself above God in rank and does what it wants – Don't need to yield because you know better

III. The yielding is first, the grace and strength and help is second – So start yielding now in every way possible

A. Get out of this state of resistance and get into the yielding life

1. We're always looking for something big to yield to but that's not how it works and that's not where God starts

B. Yielding: I am what He says I am, I do what he says, I believe what he says, I say what he says

1. Meek means yielding and there are benefits-*Ps22:26-The meek shall eat and be satisfied; Ps25:9-The meek he will guide in judgment: the meek will he teach his way; Ps37:11-The meek shall delight themselves in abundance of peace; Ps147:6-The Lord lifts up the meek; Ps149:4-He will beautify the meek with salvation; Is29:19-The meek will increase their joy*