

YEILD OR RESIST

Are You Resisting?

I. Are you resisting? Well you wouldn't know if you're not sure what resisting is

A. What does it mean to resist?

1. The quality of not yielding – A refusal to give in
2. To refuse to be changed by something (I.E. To hold one's ground against); Withstand the action
3. A firm, fixed, established stance against (Opposite would be to welcome or accept)
4. Express opposition through actions or words (Resistance is expressed-Mt4)
5. To combat, counter, exert force in opposing (Resistance is doing something-Mt4)

B. It's a picture of something beating upon you, but you resist, refusing to allow it to affect you, change you, break you

1. EX: A dam resists the current of water by standing unmoved and actually interrupts the waters progress; There's something beating up against the dam, but the dam won't move, yield – *AM-Stand firm against him*
 - a. *1Cor15:58-AC-Be firm (steadfast), immoveable; CEV-Stand firm and don't be shaken; ERV-Stand strong. Don't let anything change you; EXB-Stand strong. Don't let anything move you; GW-Don't let anyone move you off the foundation of your faith; NIRV-Remain strong in the faith. Don't let anything move you;*
2. You're not giving in, caving in but rather you're standing firmly against (hard, rigid, resistant) – I'm not going to allow it to affect me, change me, break me
 - a. It's my job to resist so apparently have the ability and the authority to do just given to me by God

II. The enemy endeavors to lay on you until you yield to Him and give him place in your life

A. That position of resistance leaves Satan on the outside looking in with no place in your life

1. He's got to move you, get you to break, to yield, to comply with Him if he is ever going to get place in your life
2. And so there's an onslaught of negative thoughts and feelings usually accompanied by a negative report that he uses to you to try to break you and this pressure is real, the thoughts are real and YOU have to resist
3. James 4:7-Devil-A compound word *dia, balos*. *Dia* means through as to pierce something from one side all the way through the other side. The word *balos* means to throw, as when a person throws a ball, a rock or some other object. These two words joined means to repetitiously throw something – striking again and again and again until the object being struck has finally been completely penetrated (R.Renner)

B. Proverbs 7:5-21-He's strategy is to lay on you until he breaks you

1. 5-Her weapons are her words
2. 7-A man void of understanding is not just an ignorant man, he's a weak man-Pr24:5
3. 10-Subtle of heart-This is the enemy-Gen3:1-More subtle than any beast of the field
4. 11-Loud-Roar, make noise-1Pt5:8-Like a roaring lion
5. 12-She lies in wait on every corner-1Pt5:8-Seeking whom he may devour
6. 21-With her much fair speech she caused him to yield
 - a. *CSB-Persistent pleading; NABRE-She wins him over by repeated urging; WY-She bound him with many words; YL-She turns him aside with the abundance of her speech*
 - b. Yield-Bow, incline, spread out or extend (openness)

III. 1Pet5:9-We are to resist steadfast in faith

A. Faith is believing, speaking and acting like the Word of God is true no matter what you see or feel; It's a refusal to believing anything else, to say anything else, to act like anything else is true

1. Faith & Resisting – To agree with God like this puts me in a position of resistance to him
2. We resist the enemy by believing, speaking and acting like the Word is true no matter what we see or feel

- a. Resisting him is disagreeing with him, refusing to comply with him, saying no to him; *MS-Yell a loud no to the devil*
- b. I am not what you say, I do not what you say, I do not believe what you say, I do not say what you say; It's believing nothing he says, it's doing nothing he says, it's yielding to nothing He says

B. Steadfast-Strong, firm, immovable, solid, hard, rigid, the quality of one who does not waiver

1. We resist in faith firm & immovable; We don't move or change no matter what comes-This is how we get him to flee

C. Is7:4-You can be soft, weak, cave easily and let things affect you (Fainthearted-Soft, weak, tender)

1. They get this bad report and they are afraid, it is affecting them, they caved, gave in, yielded
2. God says be at peace, resist the fear, and don't be soft
3. 9-If you will not yield to me, you will not be established
4. Crying, feeling sorry for yourself, being sad, afraid, complaining, worrying is not resisting

D. Let's practice: You have a thought that it's not working what do you do? You have a feeling of discouragement what do you do? Fear tries to come upon you, what do you do? Go into resist mode and actively resist

1. Resisting is saying NO to that thought, that feeling, that lie – Many can do much better than they're doing
2. Entertaining wrong thoughts, talking about how you feel, pondering on the evil report isn't resisting it's yielding
3. You yield to these things and they're going to get worse and they're going to get stronger

E. Resisting has a very distinct look – You'll know it when you see someone is resisting (I.E. Faith)

1. Don't assume you're resisting (just b/c you're saved or love the Lord or just b/c you don't like the devil)
 - a. Wanting to resist isn't resisting; Knowing you should resist isn't resisting; Intending to resist isn't resisting; Being saved isn't resisting; Praying to God to do something isn't resisting; Having a counseling session isn't resisting
2. *Ricker Renner-Resist-The attitude of one who is fiercely opposed to something and therefore determines that he will do everything within his power to resist it, to stand against it, and to defy its operation*