

HEALING FOR YOUR BODY

Laying Hold Of Your Healing

I. God has given healing to the believer; Healing belongs to the believer

- A. God has healing to us because it pertains to life the way sickness pertains to death-2Pt1:3-As His divine power hath given unto us all things that pertain unto life and godliness through the knowledge of Him that has called us to glory and virtue
1. Does this include healing?-Zoe-Life real and genuine, a life active and vigorous, devoted to God, blessed in the portion even in this world of those who put their trust in Christ, but after the resurrection to be consummated by new things added (among them a more perfect body), and to last forever
 2. Life went around doing good and healing all that were oppressed of the devil-Acts10:38-Jn11:25-I am the life
- B. God gave us Jesus and with him He gave us healing-Rm8:32-He that spared not his own Son, but delivered him up for us all, how shall he not with also freely give us all things; CEV-If God did this won't he freely give us everything else? GW-He will also give us everything along with Him; TP-Since God freely offered him up as the sacrifice for us all, he certainly won't withhold anything else He has to give
- C. God is not withholding anything good from you-He has given to us all good things-Ps84:11-For the Lord God is a sun and a shield: The Lord will give grace and glory: no good thing will he withhold from them that walk uprightly
- D. Everything at the throne God has given to you (unlimited access)-Come get it what you need-Hb4:16-Come boldly unto the throne of grace, that we may obtain (lay hold) mercy (kindness, goodwill) and find (get) grace to help in the time of need
- E. As a seed of Abraham healing belongs to me-Lk13:16-Ought not this woman, being a daughter of Abraham (her lineage gave her right), whom Satan hath bound, lo, these eighteen years, be loosed from this bond; Gen17:7-I will establish my covenant between me and thee and your seed after thee in their generations for an everlasting covenant, to be a God unto you and to your seed after thee; Gal3:29-And if you be Christ's then you are Abraham's seed
- F. God doesn't have your healing. He's not holding onto your healing. he's not withholding it from you-We must rid ourselves of this idea that God's got my healing and won't give it to me (God won't heal me)-This is a falsehood – Healing is our present possession even if it's not our current reality --- These things are already done-Mt8:17,Gal3:13-14,2Pt1:3,Rm8:32,Hb4:16

II. To enjoy the healing that God has given to you, you must lay hold of it (you must possess it)

- A. God can give you something that you never enjoy the reality of it in your life-Gn15:8-Unto your seed I have given this land; Nm13:2-The land of Canaan which I give unto the children of Israel; Nm27:12-The land which I have given unto the children of Israel
1. Don't assume if you're not enjoying it that God didn't give it to you-Many think if they don't have it God didn't give it
 2. God has given salvation to the sinner-He's not saved because but not because God didn't give it-Tit2:11-For the grace of God that brings salvation hath appeared to all men; LEB-Bringing salvation to all people; Rm5:18-As by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto justification of life
 3. God has given peace to the believer-Many aren't enjoying it, but not because God didn't give it-Jn14:27
- B. God can give you something, but there's something you must do after He gives it to you to enjoy the reality of it-Dt2:24-Rise up take your journey pass over the river Arnon: behold I have given into your hand Shion the Amorite, king of Heshbon, and his land: begin to possess it 31 Begin to possess, that you may inherit his land
1. God sets it before you, but He doesn't possess it for you-Dt1:8-I have set the land before you: go in and possess the land; 21 Behold the Lord thy God hath set the land before thee: go up and possess it as the Lord God of your fathers has said unto you; Nm33:52-You shall drive out all the inhabitants of the land...you shall dispossess the inhabitants of the land and dwell therein: for I have given you the land to possess it
 2. We have a part to play in enjoying what God has given to us-What's been laid up for you, you must lay hold of-Grace sets the table, faith eats it-1Tim6:12-Lay hold on eternal life; Pr2:7-He lays up sound wisdom for the righteous
 3. Many don't understand their part in receiving-Nm16:14-You have not brought us into a land that flows with milk and honey
 4. Wrong thinking about receiving comes out of the idea of grace alone-People try to make their receiving all up to God and remove themselves from the equation; What you enjoy is according to what you possess
- C. Many aren't enjoying what God has given them because they are slack in possessing it-Js18:2-There remained among the children of Israel seven tribes, which had not yet received their inheritance. 3 Joshua said unto the children of Israel, How long are ye slack (negligent, slow, not intense, not diligent) to go to possess the land, which the Lord God of your fathers hath given you?

1. Many are not diligent about possessing because they're lazy or ignorant-It's takes spiritual energy and effort to possess; Many are ignorant about possessing and they don't know they need to possess
 2. Religion teaches passive prayer and waiting on God-We ask and wait and in His timing; If God has given it to you what are you asking for and what are you waiting for – Go get it!
- D. The children of Israel are an example for us- 1Co10:4*They were overthrown in the wilderness. Now these things were our examples*
1. They are a type and shadow-God gave them the promise land, He's gave us all that pertains to life-**Hb4:3-AC***They shall not enter My rest; this He said although His works and been completed, prepared and waiting for all who would believe*
- III. **We lay hold with our faith, we possess with our faith – You take it by faith, You talk like it's yours, You fight the fight of faith when you don't see it or feel it, You keep fighting the fight of faith until you see it**
- A. Many Christians don't know nothing of possessing-They know asking and hoping but they don't know how to lay hold (The Woman with the issue of blood laid hold of something)
- B. In the realm of the spirit grace is the hand that gives, faith is the hand that receives-**Eph2:8***For by grace (gift) are you saved through faith; and that not of yourselves: it is the **gift** (a present, offering of a gift) of God; **Rm4:16-AC**-Inheriting the promise is the outcome of faith and depends entirely on faith, in order that it might be given as an act of grace; **Hb6:12**-That you be not slothful, but followers of them who through faith and patience **inherit** (obtain, become partaker of, a possessor) the promises*
- C. Believing you take it is how you lay hold of it-**Mk11:24***Believe you **receive** (take, lay hold) them **and you shall have them***
1. What does laying hold look like-I believe God wants me to have it, I believe He has given it to me, I reach up and receive and I believe I have it (No matter what I see or feel) – In the real of the spirit you just took it
 2. You believe you have it when you don't see it-**Hb11:1***The evidence of things not seen*
- D. When you go to lay hold of what God has given to you, you will run into opposition-**Dt2:24***Behold, I have given into your hand Shion the Amorite, king of Heshbon, and his land: begin to possess it, and **contend with him in battle***
1. You'll run into things that tell you, you're not getting it, you'll never have it-They ran into walls and giants
 2. What you do when you hit opposition determines whether or not you'll possess-You must fight when you hit opposition
 3. Jesus did the work and it's finished, but that doesn't mean the enemy will let you possess it uncontested
 4. If Satan can get you out of faith he can keep you from enjoying what Jesus made available-**Gal5:4***Christ is become of no effect unto you, whosoever of you are justified by the law; you are fallen from grace*
- E. It's a fight to lay hold of what God has given to you-You have an enemy-**1Tm6:12***Fight the good fight of faith lay hold on eternal life*
1. The fight is to get you into unbelief, to let go so that you don't possess-That it's not yours, you don't have it, you'll never get it; We fight to believe no matter what we see-**Hb3:19***They could not enter because of unbelief*
 2. Do you want to fight?-Many want to possess uncontested and when a opposition comes they don't want to fight; The COI didn't want to fight; Joshua & Caleb fought-Things that told them you'll never have it, they said we're well able
 3. The important thing is not the result but are you winning the fight-You're not fighting a natural fight, but the faith fight
 4. Fight the good fight of faith lay hold on eternal life-You confess with your mouth the Lord Jesus and believe with your heart that God raised him from the dead and you have laid hold of salvation; If the enemy tells you don't have it, you'll never get it, you need to fight because if you don't you'll eventually let go of your faith and salvation
- F. What you lay hold of the enemy will try to get you to let go of and so you have to hold fast-**1Th5:21***Hold fast (firm possession) to that which is good; **2Tm1:13**-Hold fast (lay hold, cling) to the form of sound words; **Hb10:23**-Hold fast our profession of our faith*
1. I'm laying hold and I'm not letting go-God wants that for me, God has given that to me, I take it by faith, it's mine, I have it and I'm not letting go; I'll never believe it's not mine, that I don't have it, that I'll never get it
- G. To lay hold, hold fast and not let go it takes strength of spirit/faith-**Pr24:10***If you faint in the day of adversity thy strength is small*
1. He was able to hold fast because he was strong in faith-He laid hold of, *so shall thy seed be* and when there was no reason to think that would come to pass he didn't let go-**Rm4:18***Who against hope believed in hoped, that he might become the Father of many nations, according to that which is spoken, so shall thy seed be...being not weak in faith...He was strong in faith*
 2. Your spirit/faith has to be fed on the word to be strong-**Js1:6***Be strong and courageous...meditate therein day and night*