

HEALING FOR YOUR BODY

Your Words & Your Healing

- I. **It's been given unto us to know the mysteries of the Kingdom of God**-*Lk8:11-Unto you it is given to know the mysteries (secret, hidden, not obvious to the understanding, that which is beyond human comprehension) of the Kingdom of God*
- A. There are mysteries in the Word of God-Things beyond human comprehension (EX: Jesus born of a virgin; Mk11:23)
 - B. They only way to receive a mystery is by faith-Your head doesn't understand it but it's in the Word so you accept it without even fully understanding it-*Pr3:5-Trust the in the Lord with all your heart and don't lean to your own understanding*
 - C. Many miss out on the mysteries-Because when their head doesn't understand it, they won't accept it
- II. **Mystery-The words you say and feed on affect your physical body**-*Pr16:23-The heart of the wise teaches his mouth, and adds learning to his lips 24 Pleasant (suitable, grace, lovely) words (something said) are as an honeycomb, sweet (pleasing taste, like) to the soul, and health to the bones*
- A. Words can affect your inner man-Words can minister to you on the inside, bring peace, joy, strength to your inner man *Jer15:16-Your words were found and I did eat them; and thy word was unto me the joy and rejoicing of mine heart*
 - 1. Soul-Used widely-Bodily or mental; Whole of a person-Body, breath, mind; Inner being-Mind, will, emotions, heart
 - 2. The words you speak, the words you feed on affect you inside-*Ep5:18-Be not drunk with wine where in is excess; but be filled with the Spirit speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord; 1Sm30:6-David encouraged himself in the Lord; 2Tim2:17-Their word will eat as doth a canker*
 - B. Words can affect your body-*Pr16:24-AMP-Pleasant words are like a honeycomb, sweet and delightful to the soul and healing to the body; CJB-Sweet to the taste and healing for the body; NIRV-Bring healing to the body; VO-Bring health to the body*
 - 1. Words can be healing to your body-Bones-Str-By extension the body; Substance; BDB-Limbs, members, external body; Health-Curative, literally a medicine or a cure, deliverance, healing, remedy
 - 2. This has to be accepted by faith-Most have no problem believing words can minister to your inner man, but the idea of words doing something to your body many don't accept because it goes beyond their understanding
 - 3. God's words are health to your flesh-*Pr4:20-My son attend to my words; incline thine ear unto my sayings. Let them not depart from your eyes; keep them in the midst of your heart. For they are life unto those that find them and health to all their flesh (body)*
 - C. Pleasant words are like a honey-You can eat it and it blesses you inside; You can use it as a healing agent; Words can bless your inner man and can be a healing agent for your body-*Pr16:24-GNT-Sweet to the taste and good for your health*
 - 1. Honey is a healing remedy-The medicinal importance of honey has been documented in the world's oldest medical literatures; Since ancient times it has been known to possess antimicrobial properties (destructive or inhibiting growth of bacteria, viruses) as well as wound-healing activity. It has anti-oxidant, anti-bacterial, anti-inflammatory properties
- III. **The words you speak can be healing to your body**
- A. You can open your mouth and speak words that minister healing to your body-*Pr16:24-Health to the bones*
 - 1. Health-Ancient Hebrew-Hebrew alphabet was originally written using pictograph script; The pictograph is a picture of the head (head, person) of a with an open mouth (mouth/word/speak). Combined these mean man open; Wounds and illnesses cured with medicines ingested; You can open your mouth and speak words that minister healing to your body
 - B. Physical things respond to words-Words can affect physical things
 - 1. Jesus' words affected a physical tree-*Mk11:13-Seeing a fig tree afar off having leaves, he came, if haply he might find any thing thereon: and when he came to it, he found nothing but leaves; for the time of figs was not yet. 14 And Jesus answered and said unto it, No man eat fruit of thee hereafter for ever. And his disciples heard it. 20 And in the morning, as they passed by, they saw the fig tree dried up from the roots.*
 - 2. Is a known fact talking to plants affects them-The Royal Horticultural Society-The UK's leading gardening charity founded in 1804 found that talking to your plants really can help them grow faster; IKEA bullying plant study-They spoke differently to the plants and one was healthy and thriving and the other was wilted and droopy
 - C. Both plants and your body are made out of the same stuff, from the dust of the earth-*Gn1:11-God said, let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth; and it was so; Gn2:7-The Lord God formed man out of the dust of the ground and breathed into his nostrils the breath of life and man became a living soul*
 - 1. If a plant will listen so will your body-Ex-K.M-Lady stomach cancer; Yeomans-Tuberculosis
 - D. We see a connection between words and healing-*Ps107:20-Then they cry unto the Lord in their trouble, and he saveth them out of their distresses; He sent His word and healed them and delivered them from their destructions*
 - E. Jesus used his words to minister healing-*Mt8:16-He cast out the spirits with his word and healed all that were sick; TPT-By Jesus only speaking a word of healing over them, they were totally set free from their torment, and everyone who was sick received their healing*
 - 1. He is a man speaking the Words of God and it's affecting flesh-*Mt8:3-I will be thou clean and immediately the leprosy was cleansed; Lk13:12-He said unto her, Woman, you are loosed from thine infirmity 13 And he laid his hands on her: and immediately she was*

made straight, and glorified God; **Mt8:13**-Jesus said unto the centurion, Go your way; and as you have believed, so be it done unto you. And his servant was healed in the selfsame hour; **Mt9:29**-Then touched he their eyes, saying, according to your faith be it unto you, according to your faith be it unto you; **Lk4:39**-He stood over her and rebuked the fever; and it left her; and immediately she arose and ministered to them

- F. God calls things that be not as though they are to see them come to pass-After the promise He called it-**Rm4:17**-Quickens the dead and calls those things that be not as though they were; **AC**-Speaks of nonexistent things that He has foretold and promised as if they already existed
 - 1. You can call your body healed-I don't see it or feel it yet, but I'm calling it that way based on what God said
- G. God's words are life-giving words-They will give life to anything you speak them to-**Jn6:63**-It is the spirit that quickens, the flesh profits nothing: the words that I speak unto they are spirit and they are life
- H. People who don't believe in the power of the words fail to use their words to their benefit
- I. Words can hurt or help-**Pr12:18**-There is that speaks like the piercings of the sword: but the tongue of the wise is health

IV. Your words play a significant role in receiving healing for your body – In receiving healing it matters what you say

- A. After hearing about Jesus her first response was to get her mouth in gear-She's believing and speaking-**Mk5:27-28**-When she had heard of Jesus, came in the press behind and touched his garment. For she said, If I may but touch his clothes I shall be whole
- B. Before healing gets into your life it's going to have to get into your heart and mouth-According to Jesus, what you believe and say you will have-**Mark11:23**
 - 1. Healing is connected to what we say-**Mt8:8**-Speak the Word only and my servant will be healed; **Mk5:23**-My little daughter lies at the point of death: Come and lay your hands on her, that she may be healed; and she will live
 - 2. You got born-again by believing and speaking-**Rm10:9**-That if you confess with your mouth the Lord Jesus, and shalt believe in your heart that God has raised him from the dead you shall be saved
- C. To receive your healing you must believe and speak when you don't see or feel-She's saying this when she doesn't see or feel anything; With symptoms all over your body you must believe and speak-**Mk5:28**-For she kept saying
- D. You hold fast to saying the same thing God says-**Hb10:23**-Hold fast to the confession of your faith without wavering
- E. Your words matter because what you believe matters and your words are a reflection of your faith-**2Cor4:13**-We having the same spirit of faith, according as it is written, I believed therefore have I spoken; we also believe therefore we speak
- F. Your words matter because they set your agreement and authorize-**Mal3:13**-Your words are stout against me

V. People struggle with understanding the power of words because to the uninformed soul words appear insignificant-

- Js3:2**-For in many things we offend all. If any man offend not in word, the same is a perfect man, and able also to bridle the whole body. 3 Behold, we put bits in the horses' mouths, that they may obey us; and we turn about their whole body. 4 Behold also the ships, which though they be so great, and are driven of fierce winds, yet are they turned about with a very small helm, whithersoever the governor listeth. 5 Even so the tongue is a little member, and boasteth great things. Behold, how great a matter a little fire kindleth! 6 And the tongue is a fire, a world of iniquity: so is the tongue among our members, that it defileth the whole body, and setteth on fire the course (circuit of physical effects) of nature; and it is set on fire of hell.
- A. Your words, your tongue appear small and insignificant (Like the bit, the ship wheel, like a tiny spark)-We have to get past the seeming insignificance of words and what we say
 - B. Something can appear small and insignificant and yet be powerful beyond measure-**ERV**-It is a small part of the body, but it can boast about doing great things; **GW**-It can brag about doing important things; **PH**-The human tongue is physically small, but what tremendous effects it can boast of; **MSG**-A word out of your mouth may seem of no account, but it can accomplish nearly anything or destroy it; **TPT**-The tongue is a small part of the body yet it carries great power; **VO**-It's a small muscle, capable of marvelous undertakings
 - C. Words are more powerful than most realize-That little ship wheel controls the whole ship, like that little bit controls that big horse, that little spark can start a fire that burns down the whole forest (every fire started with a small spark)
 - D. Your words have a far-reaching affect-They'll affect every area of your life-**AMP**-Sets on fire the course of our life [the cycle of man's existence]; **ERV**-Starts a fire that influences all of life; **TLB**-Can turn our whole lives into a blazing flame of destruction and disaster
 - E. If you think your words are kind of important you and God think differently-It's a life or death matter-**Pr18:21**
 - 1. Your words can bring destruction-**Pr6:2**-You are snared with the words of your mouth, you are taken with the words of your mouth; **Pr18:7**-A fool's mouth is his destruction and his lips are the snare of his soul
 - 2. What you experience in life is directly connected to what you say-**Pr12:14**-A man shall be satisfied with good by the fruit of his mouth; **Pr13:2**-A man shall eat good by the fruit of his mouth
 - 3. Keep the mouth, keep the life-**Pr13:3**-He that keeps his mouth keeps his life: but he that opens wide his lips shall have destruction; **Pr21:23**-Whoso keeps his mouth and his tongue keeps his soul from troubles; **Pr14:3**-The lips of the wise shall preserve them
 - 4. Your words can bring good to you-**Pr10:11**-The mouth of the righteous is a well of life; **Pr15:4**-A wholesome tongue is a tree of life; **Pr11:11**-By the blessing of the upright the city is exalted, but it is overthrown by the mouth of the wicked
 - F. By speaking the right words you can lengthen your days-**Ps34:12-KJ**-What man is he that desires life and loves many days, that he may see good? (**CEV**-Do you want to live and enjoy a long life?) Keep your tongue from evil