

EASE: LEARNING THE UNFORCED RHYTHMS OF GRACE

How Did Jesus Do it?

I. Matthew 11:27-How did Jesus live with such ease? How did he walk in these unforced rhythms of grace? How did he live so freely and lightly experiencing all that he experienced?

- A. Jesus was constantly facing what would seem to be hard situations
 - 1. How then did Jesus go experience and yet do it with what appeared to be such ease? He said watch how I do it, so how did he do it?
- B. Jesus said he could do nothing of himself-John 5:19,30,8:28
 - 1. This is a key revelation to living this grace-filled life of ease: if he could not do anything of himself, then you can't do anything of yourself
 - a. You can't say the right thing, do the right thing, minister to somebody, believe something in, pray something in, in your own might and power and ability
 - b. 4 in you truths
 - 1) In yourself you are nothing-Galatians 6:3; In Him you are something-1Jn4:17
 - 2) In yourself you know nothing-1 Cor 8:2; In Him you know all things-1 John 2:20
 - 3) In yourself you have nothing-1 Cori 4:7; In Him you have all things that -2 Peter 1:4
 - 4) In yourself you can do nothing-John 15:5; In Him you can do all things-Phili 4:13
 - 2. Life only becomes hard to those who bare responsibility not given to them
 - a. Trying to do something in your effort brings hard back into your life
 - b. Jesus never tried to do anything of himself, **because he knew he couldn't**
- C. ***Jesus said I do only what my father has shown me to do and I say only what he's told me to say and that is all I can do-Matthew 11:27MSG***
 - 1. He never tried to bare the brunt of what was the Father's responsibility
 - a. John 14:12-He said the Father in me he does the works
 - 2. Jesus did the hearing & saying and seeing and doing (this is being led by the spirit) and the father did the work
 - a. This is why he lived so freely and lightly; He never tried to carry the Father's load
 - b. EX: He didn't try to pick the load of somebody's healing or deliverance; he stood in front of them and looked inward and responded accordingly
 - 3. Faith and trust always simplifies; fear and worry always complicates
- D. Don't over-spectacularize this seeing and hearing-John 8:38
 - 1. Satan tries to keep people in confusion trying to make everything spectacular
 - 2. How were they seeing their Father? They wouldn't have called them visions, they weren't hearing audible voices, but something would come up in them and they'd see it (think about it) and then

they'd go say it or do it not realizing it was the enemy revealing it to them; They are seeing and hearing inside

3. Jesus was hearing and seeing inside

II. We see this grace coming on Jesus in such a way that even when he faced hard and difficult situations he did it with such an ease

A. Grace is the entity that brings ease to your life

1. Jesus was walking the grace of God-John 1:14
2. 2 Corinthians 12:9-His grace is possessed with unfailing strength
3. There's enough grace in God to make even the hardest stuff easy
 - a. We see hard stuff being easy all throughout the scripture
 - b. EX: David, Three Hebrews, Gideon 300, Moses and the red sea, Jehoshaphat
4. Grace is going to remove the struggle or the toil out of your life-Luke 5:1-6
 - a. 5-They had been toiling and it was hard; NO grace
 - b. 5-We seek meekness and humility out of Peter
 - c. 6-Once grace got in the boat it wasn't hard the toil was gone
5. We've looked at like with God's grace we can struggle through, but not so
 - a. Grace (isn't just the forgiveness of your sin) is the empowerment to experience sweatless victory

B. Why is he getting this grace?

1. Looking and yielding, humility and meekness are the two ingredients what will tap God's grace and produce and ease on your life-1 Peter 5:5
 - a. Humility looks for this grace because it knows it needs it
2. He is getting the grace in response to his humility
 - a. Only the humble get the grace and will experience this ease we're talking about
 - b. He got this grace because the first thing he did when he got into hard situation is he looked up and he looked in because he knew he could do nothing of himself
 - 1) His first response in every situation was to look up/look in
 - c. A life of looking and yielding will be one full of grace and ease
3. Grace will be absent where meekness and humility are not present; where there is no looking and no yielding, there will be no grace
 - a. This hardship, hard life was the result of Adam's not being meek and not being humble-Humility looks to God, meekness yields to him
 - b. When meekness and humility are removed grace is lifted and life will be hard
 - c. If you're not looking up and looking in like Jesus did you there will be no grace
4. Humility is I have to see and hear first or I can do nothing, meekness is doing it and these characteristics added and ease to his life

- a. When you begin to live a life where you so dependent on God that you look to Him before you do are say anything and then do what He says, you will tap His grace in such a way that you'll experience a supernatural ease, in the midst of the hardest situations
 - b. Jesus simply heard and spoke and saw and did and then the Father would work through and great things would happen; these are the unforced rhythms of grace
- C. Eyes that are lifted reveal humility of heart and those same lifted eyes will always see God's grace being poured down-Matthew 14:19, John 11:41
- 1. People aren't looking to him because they lack humility and that's why there's no grace and that's why their lives are so hard
 - a. The more you recognize your dependence on God, the more you'll look to him and the more you look to Him the greater grace you'll have on your life
 - b. The humble get the grace because they seek the grace and grace makes it easy
 - 2. Just how much will you look up? it will determine the amount of grace you see
 - a. Your grace/your anointing will never be any greater than your humility
 - b. Your grace/your anointing will be capped by your humility

III. This whole thing come down to being led by the spirit

- A. You look to Him, hear him and yield to Him and He is grace and He is your helper and the more of Him you have the more grace you have the more help you have the easier life becomes
- B. John 2-It's the gateway to the life of ease
- C. The better we see, the better we hear, the better we yield the easier life gets
- D. The word says wisdom is the principle thing and it's hasn't been anything to us-Prov 4:7
 - 1. Wisdom hasn't been the tenth thing to us; the problem has been we do all we know to do, instead of doing what see saw and heard from him to do; when we do all we know to do and nothing works, then we start seeking for wisdom