## LIVING IN THE PEACE OF GOD: To Live In Peace Is A Choice-Friday-9-10-2021

- God has given us the ability and the authority to walk in peace-Jn14:1-Let not your heart be troubled: you believe in God, believe also in me; 27 Peace I leave with you, my peace I give unto you: not as the world gives, give I unto you. Let not your heart be troubled, neither let it be afraid (Anxious, distressed, inward commotion)
  - According to Jesus it was their choice and in their control whether or not their heart was troubled-They
    were troubled about him leaving and he said stop it, revealing to us it's their choice and in their control
  - Do you ever have to be troubled and lose your peace?-Can you help it whether or not you are troubled?
  - <u>Many believe we can't help it but to be troubled</u>-They believe it's not their choice and not in their control-*Ph4:6-Do not be anxious or worried about anything*
- You'll have opportunities to be troubled (anxious, stressed) but you don't have to yield
  - Don't LET your heart be troubled because it will try-When it tries to be troubled don't let it
  - <u>To be troubled is a choice</u>-You can resist or you can yield; You can't what thoughts and feelings come to you, but you can control which ones you resist and which ones you yield to
  - <u>Resist being troubled-</u>This is a major component in walking in peace; If you feel anxious, afraid, stressed declare I refuse to let my heart be troubled, I have Jesus peace
  - You must resist it to run it off-Js4:7-Resist the devil and he will flee from you
  - You've been given authority by God to run these things off-When you resist it, heaven backs you
  - If you believe you can't help it, but to be troubled you won't resist it-You'll yield and live under it
- Enjoying the peace of God in your life begins with the belief that you have been given the ability and the authority to not be troubled and live in the peace of God
  - Whether you realize it Jesus gave you the ability and authority to be troubled or lose your peace
  - When Jesus told Peter to "come" he gave them the ability and authority to walk on the water-When Jesus not us to not let our hearts be troubled he gave us the ability and the authority to do it and now it's our choice, we can sit in the boat and be troubled or we can get out of the boat and enjoy the peace of God that passes all understanding