

## MY FEELINGS DON'T MOVE ME-Don't Be Emotional, Be Tactical-9-17-21

- **We've been commanded to be sober-1Pt5:8**-*Be sober, be vigilant; because your adversary the devil, as a roaring lion, walks about seeking whom he may devour*
  - Sober-Calm and collected in spirit; Dispassionate-Unmoved by feelings
  - We can be calm and collected, unmoved by feelings even in times of pressure
  - Jesus was this way when they brought him the woman caught in adultery-Jn8:4-*They say unto him, Master, this woman was taken in adultery, in the very act. <sup>5</sup> Now Moses in the law commanded us, that such should be stoned: but what sayest thou? <sup>6</sup> This they said, tempting him, that they might have to accuse him. But Jesus stooped down, and with his finger wrote on the ground, as though he heard them not. <sup>7</sup> So when they continued asking him, he lifted up himself, and said unto them, He that is without sin among you, let him first cast a stone at her. <sup>8</sup> And again he stooped down, and wrote on the ground.*
- **Being overly emotional can cause you to make decisions that let the enemy in**
  - The enemy is looking for a way into your life-He needs you to yield to him so he can get in
  - One strategy the enemy uses is to get you emotional-He wants to work you into an emotional fit so intoxicated by emotion you do something that lets him in
  - If you act emotionally you'll make a mistake and let the enemy in-Capt. Roger Herbert Commander of Seal Training Program-*When you look at historic mistakes on the battlefield, they're almost always associated with fear and panic. So the capacity to control these impulses is extremely important*
  - Us being sober is connected to us not being devoured by the enemy-Pr25:28-*He that has no rule over his own spirit (seat of emotion) is like a city broken down and without walls*
- **Particularly in times of pressure, don't be emotional, be tactical**
  - Be tactical-There are things you can do that will profit you, help you, get you closer to your answer and things you can do hurt you, harm you and push your further away from it
  - We are to be prudent-Foreseeing the consequences of a measure-**Pr13:16**-*Every prudent man deals with knowledge (He deals in knowledge, not in emotions)*