

THE DREAM KILLER – How To Walk In The Spirit – Friday, March 5th

- **Fleshy desires war against the soul-1Pt2:11-Abstain from fleshy lusts, which war against the soul**
 - Tri-part beings-I am a spirit being, I have soul (mind, will, emotions), I live in a body-
1Th5:23-The very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ
 - Walking in the flesh starts in the mind, not the body-The enemy brings a carnal thought to you that triggers feelings and even reactions in your body and your body says do it, do it-
Rm8:5-For they that are after the flesh do mind the things of the flesh
- **Your spirit is supposed to rule over your mind and body-2Co10:5-Casting down imaginations, and every high thing that exalts itself against the knowledge of God, and bringing every thought into captivity to the obedience of Christ, 1Cor9:26-But I keep under my body and bring it into subjection**
 - Your mind and body can't be left to themselves-They'll think and do wild things-*1Th4:4-Every one of you should know how to possess his vessel in sanctification and honor*
 - Spiritual hierarchy-Holy Spirit > My Spirit > Mind > Body-When a thought comes to my mind that opposes what I got from the Holy Spirit I'm supposed to cast it down; When my body wants to do something that opposes what I got from the Holy Spirit I keep it under
 - You rule with your words and your words are connected to your spirit-Mt12:34-The mind will go where the spirit/words allows it and the body will follow the mind
 - His mind is troubled, his body doesn't want to praise-*Ps42:5-Why are you cast down (depress), O my soul (seat of thoughts, feelings)? And why are you disquieted (troubled) in me? Hope in God: for I shall yet praise him*
- **My spirit needs to be strong so it can rule over the mind and body-Ep3:16**
 - When my mind and body are trying go the way of the flesh, my spirit rises up-Pr18:14-The spirit of a man will sustain his infirmity (weakness of mind, body, resolution); but a wounded spirit who can bear