

MY FEELINGS DON'T MOVE ME-You Are Not At The Mercy Of Your Feelings-Monday-09-13-2021

- **We are not to allow our emotions to move us in a direction that opposes God and His Word-**
Eph4:26-KJ-Be angry and sin not; TP-Don't let the passion of your emotions lead you into sin
 - Angry-Enrage, exasperate (irritated, embittered), agitation of the soul, any violent emotion
 - The instruction is to not allow your emotions to move you into sin
 - God **ISN'T** telling us not to feel-God gave us the ability to feel and to experience emotions and as a human being you will experience a wide range of emotions in your life
 - God **IS** telling us to not allow emotions to move us into sin-Opposition to His Word and will
- **Be angry and sin not leads us to this life changing reality: I can have an emotion or a feeling and not be governed by it-***Eph4:26-KJ-Be angry and sin not*
 - You are not at the mercy of your feelings-You are not a slave to my feelings or emotions
 - To be at the mercy of your feelings is to not be free-Freedom is feeling, but not acting
 - You don't have to act how you feel-You can feel one way and act another
 - We've been empowered to not be moved by how we feel-We don't have to be ruled by our feelings
 - David felt discouraged, but encouraged himself- *1Sm30:4-Lifted up their voice and wept, until they had no more power to weep...6 David was greatly distressed...but David encouraged himself in the Lord*
 - He acted opposite of his feelings- *Hab3:17-Although the fig tree shall not blossom, neither shall fruit be in the vines; the labor of the olive shall fail, and the field shall yield no meat; the flock shall be cut off from the fold, and there shall be no heard in the stalls: Yet I will rejoice in the Lord, I will joy in the God of my salvation*
- **Following your feelings, being governed by them is one of the most dangerous things you can do-***Ph3:19-Whose end is destruction, whose God is their belly (feelings); GW-Their own emotions are their god*
 - For your feelings to be your God means your feelings dictate what you do-The end is destruction
 - If you are being led by your feelings, you are not being led by The Spirit- *Rm8:14*
 - Many feelings, if you follow them, they'll lead you to do the opposite of what God wants you to do
 - The more you follow your feelings, the less you follow the Holy Spirit, the more trouble you will have