

MY FEELINGS DON'T MOVE ME-Strong Believers Control Their Emotions-9-14-2021

- **The more developed/mature you are spiritually the less governed by your emotions you will be-**
Rm8:14-For as many as are led by the Spirit of God, they are the sons of God; TP-The mature children of God are those who are moved by the impulses of the Spirit
 - Spiritual development is seen one's consistency to follow The Spirit's leading in spite of how they feel
 - Your feelings are pulling you one way, but The Spirit is leading you another-You follow The Spirit
 - Doing what God says, believing what He says, saying what He says in spite of how you feel-Maturity
 - In the natural, children are governed by their emotions-As you grow up this has to change
- **Jesus was always led by The Spirit, never governed by His emotions and so the more like him we become the less governed by our emotions we will be**
 - Jesus experienced negative emotions-Lk22:44-Being in agony (severe mental struggles and emotions); Hb4:15-For we have not a high priest which cannot be touched with the feelings of our infirmities; but was in all points tempted like as we are, yet without sin
 - Jesus was never controlled by his emotions-Jn8:29-I do always those things that please him
- **Strong, mature, wise believers have learned the art of not being controlled by their emotions-**
Pr29:11-GW-A fool expresses all his emotions, but a wise person controls them
 - We are to rule our feelings, not be ruled by them-Pr16:32-He that rules his spirit (seat of emotion) is better than he that takes a city
 - Our feelings don't dictate what you do-Ps42:11-VO-Why am I so overwrought? Why am I so disturbed? Why can't I just hope in God? Despite all my emotions, I will believe and praise the One who saves me
 - The weak, the foolish, the immature are ruled by their emotions-Fly off the handle, easily moved
 - Having emotions is not weakness, be governed by them is-1Sm30:4-Lifted up their voice and wept, until they had no more power to weep...6 David was greatly distressed...but David encouraged himself in the Lord
 - You have to be strong to not allow your emotions to govern you-Ph4:13
 - I can make myself do what I don't feel like doing that I need to do-This is self-control