

CASTING DOWN WRONG THOUGHTS

What Happens When You Don't Cast Down A Wrong Thought?

- I. **What you think on, focus on, give your mind to is what you will be full of**-*Mt6:22-The light of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light. 23 But if thine eye be evil, thy whole body shall be full of darkness;*
- A. The light of the body is the eye-*Light*-Vines-Give light; *W18*-Place that admits light to enter; Ex-The light of the house is the windows; *Body*-*Str*-Very wide application; Whole; *W18*-A person, a human being; *Eye*-Gaze; *Tha*-Eyes of the mind
1. Your eyes are the windows into your being-Whatever comes through the windows gets in the house-*CEV*-Your eyes are like a window for your body; *MS*-Your eyes are windows into your body. If you open your eyes with wonder and belief, your body fills up with light; *TP*-The eyes of your spirit allow revelation light to enter into your being
 2. The mind (eyes) is the entry way into your heart
- B. What you look at, think on, focus on is what you will be full of-The focus determines the fill-*Pr4:20*-My son, attend to my words; incline thine ear unto my sayings. ²¹ Let them not depart from thine eyes; keep them in the midst of thine heart; *Dt11:18-MSG*-Place these words on your hearts. Get them deep inside you. Tie them on your hands and foreheads as a reminder. Teach them to your children. Talk about them wherever you are, sitting at home or walking in the street; talk about them from the time you get up in the morning until you fall into bed at night. Inscribe them on the doorposts and gates of your cities
1. What you do with the eyes affects what you are full of
 2. The eyes affect the heart-*Lm3:51*-My eyes (mental faculties) affect my heart; *Lm3:19-CEV*-Thinking of my troubles...makes me miserable. ²¹ Then I remember something that fills me with hope. ²² The Lord's kindness never fails; *Rm8:6*
 3. The get and be full of the right stuff, we must purpose to guard our minds and think on the right things
 4. You cannot get full of what you don't focus on, feed on, listen to, think about, look at-It is spiritual law
- C. What happens when you yield to a wrong thought and don't cast it down?-The fill begins and what you think on you will get full one thought at a time
- II. **You operate out of your heart-What you believe, what you say, what you do, the choices you make come out of your heart and are a function of what your heart is full of**-*Pr4:23-NIV*-Above all else guard your heart, for everything you do flows from it
- A. You bring forth in life (words, thoughts, actions, choices) according to what your heart is full of-*Mt12:35*-A good man out of the good treasure (deposit) of the heart brings forth good things; and an evil man out of the evil treasure brings forth evil things; *Mt15:17*-Do not ye yet understand, that whatsoever entereth in at the mouth goeth into the belly, and is cast out into the draught?¹⁸ But those things which proceed out of the mouth come forth from the heart; and they defile the man.¹⁹ For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:
- B. Effectively you are at the mercy of whatever your heart is full of-His problem was what he let into his heart-*Lk8:27*-There met him out of the city a certain man, which had devils long time, and ware no clothes, neither abode in any house, but in the tombs. ²⁹For he had commanded the unclean spirit to come out of the man. For oftentimes it had caught him: and he was kept bound with chains and in fetters; and he brake the bands, and was driven of the devil into the wilderness. ³⁰And Jesus asked him, saying, What is thy name? And he said, Legion: because many devils were entered into him. ³¹And they besought him that he would not command them to go out into the deep. ³²And there was there an herd of many swine feeding on the mountain: and they besought him that he would suffer them to enter into them. And he suffered them. ³³Then went the devils out of the man, and entered into the swine: and the herd ran violently down a steep place into the lake, and were choked. ³⁵Then they went out to see what was done; and came to Jesus, and found the man, out of whom the devils were departed, sitting at the feet of Jesus, clothed, and in his right mind: and they were afraid
- C. You can't be full of something and operate in opposition to what you're full of-A corrupt tree can't bring forth good fruit, being evil they can't speak good things, an evil man who makes evil deposits can't bring forth good things-*Mt12:33*-Either make the tree good and the his fruit good; or else make the tree corrupt and his fruit corrupt: for the tree is know by his fruit. ³⁴ O generation of vipers, how can you, being evil speak good things? For out of the abundance of the heart the mouth speaks ³⁵ A good man out of the good treasure (deposit) of the heart brings forth good things; and an evil man out of the evil treasure brings forth evil things
- D. Your heart is a container and you operate out of that container-That is spiritual law and you can't change it
1. Your heart can be filled with things-*Mt12:35*-Out of the good treasure (deposit) of the heart; *Acts5:3*-Satan filled your heart to lie to the Holy Ghost; *Dt11:18*-Lay up these my words in your heart; *Co3:16*-Let the word of Christ dwell in you richly

2. Believers aren't automatically full of good things- Col3:16; Ac5:3-They were believers; Mt12:35-The deposit has to be made; Ac19,Eph5:18-Be filled with the Spirit; ISV-Keep on being filled (You can be filled with the spirit, but not full of the spirit)
 3. To be full of the right stuff the right deposits have to be made-Saved or not
- E. Most don't guard their heart and fill their heart the way they need to so that they can operate the way they want to-The distance between what you know to do and what you're actually doing is based on what you're heart is full of
1. Shrink the gap by filling the heart-There's often this gap between what we do to do and what we actually do and that is the result of not being full of what you know in your heart
 2. You don't operate according to what you know and you don't bring forth out of your head-You can know something and not be full of it and you won't operate according to it
 3. The life of faith begins at the at the entry into your mind-If the wrong stuff gets in your heart, you can't live by faith

III. Full hearts, guarded minds, can't lose!