

Christianity 101: 5 Basics To A Strong Spiritual Life – Spend Time In The Word – Wednesday, May 4th

- **Spending time in the Word Of God is another major component of a strong spiritual life**
 - Meditate the Word day and night-*Js1:8-This book of the law shall not depart out of your mouth, but thou shalt meditate therein day and night that thou mayest observe to do according to all that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success*
 - Feed on the Word-*Pr4:20-My son attend to my words; incline thine ear unto my sayings. Let them not depart from your eyes; keep them in the midst of your heart. For they are life to those that find them and health to all their flesh*
 - You need to make time for the Word of God-This is at the foundation of strong spiritual life
 - A strong spiritual life begins with a strong spirit and a strong soul-The Word strengthens both
- **The Word strengthens your spirit-Won't have a strong spiritual life if your spirit is weak**
 - You have an inward man that needs to be fed-*2Cor4:16-Though the outward man perish, the inward man is renewed day by day*
 - The Word strengthens me inside-*1Tm4:6-Nourished up in the words of faith and good doctrine; Jr15:16- Thy words were found and I need eater them; and they word was unto me the joy and rejoicing of mine heart*
 - Live by the Word-*Mt4:4-Man shall not live by bread alone, but by every word that proceeds out of the mouth of God*
 - You can be malnourished in your spirit-Many spend no time feeding their spirit and are weak
- **The Word strengthens your soul; Rewires the soul so you think and operate differently**
 - You got to think differently. to operate differently-*Ep4:22-You were taught to leave your old self. This means that you must stop living the evil way you lived before. That old self gets worse and worse, because people are fooled by the evil they want to do. 23 You must be made new in your hearts and in your thinking*
 - After we get born again our minds need to be renewed to think in line with God-*Rm12:2-Be not conformed to this world: but be transformed by the renewing of your mind*
 - Thinking right leads to right decisions and both are reflective of a strong spiritual life