

HAVE FAITH IN GOD

Friday-When Worry Attacks

I. Do Not Worry

- A. When you are worrying, you are not trusting-**Mt6:25**-Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment? [**AC**-Stop being perpetually uneasy (anxious and worried) about your life]²⁷ Behold the fowls of the air: for they sow not, neither do they reap, nor gather into barns; yet your heavenly Father feedeth them. Are ye not much better than they?²⁷ Which of you by taking thought can add one cubit unto his stature?²⁸ And why take ye thought for raiment? Consider the lilies of the field, how they grow; they toil not, neither do they spin:²⁹ And yet I say unto you, That even Solomon in all his glory was not arrayed like one of these.³⁰ Wherefore, if God so clothe the grass of the field, which today is, and tomorrow is cast into the oven, shall he not much more clothe you, O ye of little faith (lacking confidence, trusting too little)
1. Jesus said these who were worrying had little faith-They lacked confidence and were trusting to little
 2. Keith Moore story about not having his message ready-Keith haven't you learned to trust me by now
 3. Worrying is the opposite of trusting-To trust is confidence, a resting of the mind; To worry is to be unsure and restless-**Jn14:1**-Let not your heart be troubled (anxious): you believe (trust, confidence) in God
 4. When you are trusting God, you're confident that He's going to take care of you and so you're not worried-**Dn3:16**-We are not careful to answer you in this matter²⁸ Delivered his servants that trusted in him
 - a. Bill Winston story-Rodger Federer (He looks so peaceful because he knows he's going to win)
 5. Saying you're trusting God and actually trusting Him are different things-Saying you trust God doesn't mean you do
 - a. If you are anxious, distressed, joyless, fearful, then you are not trusting no matter what you say-**Ps5:11**-Let all those that put their trust in you rejoice; **Rm15:13**-The God of hope fill you with all joy and peace in believing
- B. Both to worry and to trust are choices-Whether or not you worry or trust is your choice and it's foolish to act like you can't help it-**Ps56:3**-What time I am afraid, I will trust in you. 4 In God I will praise his word, in God I have put my trust; I will not fear what flesh can do unto me. 11 In God have I put my trust: I will not be afraid what man can do unto me
1. To trust is an order-When God commanded you to do it He empowered you to do it-**Mk11:22; Jn14:1; Pr3:5**
 2. I will trust is our response (Determine to trust)-I'm trying to trust is not an acceptable response
 3. You will have opportunities to worry-Thoughts and feelings of worry will come to us all
 4. When worry comes, you must refuse to worry and choose to trust-Replace the worry with the trust-**Ps56:3, Jn14:1**
- C. When you choose to worry you put your own well-being in jeopardy-You shut God out, you cut yourself off from the benefits that come to those who trust, you can't add anything good to your life by worrying, you make yourself vulnerable to the enemy-**Mt6:27, Mt14:30**
1. Worry is the enemy of our prosperity