

A STRONG SPIRIT

Your Spirit Must Be Strong

- I. **A believer, to live effectively, prosperously and victoriously your spirit must be strong-Pr18:14-KJ-The spirit of a man will sustain his infirmity; but a wounded spirit who can bear? AC-The strong spirit of a man sustains him in bodily pain or trouble, but a weak and broken spirit who can raise up or bear? MS-A healthy spirit conquers adversity, but what can you do when the spirit is crushed?**
- A. As believers, we are spirit-beings-Gn2:7-The Lord God formed man of the dust of the ground, and breathed into his nostrils the breath (spirit) of life and man became a living soul; 2Co4:16-Though our outward man perish, yet the inward man is renewed day by day; 1Pt3:4-The hidden man of the heart
- B. We operate out of our spirit, from our spirit and it's expressed through our bodies in the Earth
1. Paul was a spirit being, operating out of his spirit-Ph1:21-For to me to live is Christ, and to die is gain. ²² But if I live in the flesh, this is the fruit of my labour: yet what I shall choose I wot not. ²³ For I am in a strait betwixt two, having a desire to depart, and to be with Christ; which is far better: ²⁴ Nevertheless to abide in the flesh is more needful for you.
- C. Everything we do as believers we do from our spirit-Pr4:23-Guard your heart (inner man), for everything you do flows from it
1. We believe from our spirit-Rm10:10-For with the heart man believes
 - a. Walking by faith, living by faith is an impossibility when your spirit is weak-If you get weak on the inside and you'll walk by sight and be moved by what you see and how you feel
 2. We choose from our spirit-It's his spirit that's choosing not his body-Ph1:21-24
 - a. Your chooser is in your spirit-Your spirit contains your soul which is made of up your mind will and emotions
 - b. You get weak on the inside and you'll choose wrong-You'll yield to the enemy, walk in the flesh, disobey God
 3. We fight from our spirit-2Cor10:3-For though we walk in the flesh, we don't war after the flesh; Ep6:12-We wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places; 1Tim6:12-Fight the good fight of fait
 - a. The fight is spiritual, not physical and so you fight from and with your spirit-If your spirit gets weak you can't fight and win
 4. We speak from our spirits-Mt12:34-For out of the abundance of the heart the mouth speaks
 - a. If your spirit is weak you'll say the wrong things and give the enemy access to devour you
 5. We hear with our spirits-Rm8:17-The spirit of God bears witness with our spirit that we are the children of God
 - a. The weaker your spirit is, the harder it is to hear
 6. We love from our spirit-1Pt1:22-Love one another with a pure heart fervently; Rm5:5-The love of God has been shed abroad in your heart by the holy Ghost
- D. You cannot function as a believer with a weak spirit-The majority of the body of Christ is trying to do this
1. If your spirit is weak, it literally will effect everything you try to do as a believer
 2. The importance of this cannot be overstated-We can teach you about living by faith, but if your spirit is weak you can't do it; We can teach you about walking in love, but if your spirit is weak you can't do it; Etc....