

CASTING ALL YOUR CARE UPON HIM – All Your Care – Monday, April 5th

- **We are to cast all our care upon the Lord-1Pt5:6**-Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time: 7 Casting (throw) all your care upon him; for he cares for you.
 - Care-A concern, causes anxiety, uneasiness of mind caused by fear of evil (Grace school)
 - In this life cares will try to settle down upon you. get in you and take hold of you
 - This is why God tells us what to do with cares-Elsewise why tell us what to do with cares
 - When a care about ANYTHING tries to settle down upon us. get in us and take hold of us. what are we to do?-We are to cast it upon the Lord
- **Cast all (any, every all) your care upon the Lord**
 - Is God serious about “all your care?”-How are you doing with all your care?
 - We are not supposed to be anxious. worried or weighed down with care about anything ever
 - Let’s practice-What if a care comes about the nation, finances, kids, pet gold fish Harold...
 - A sign you’re getting good at this is the frequency with which you do it
- **We can’t stop cares from trying to settle down upon us, get in us and take hold of us, but we don’t have to take the care of anything ever**
 - You’ll have opportunity to take cares. you’ll feel and you can’t stop that-We don’t have to let them rest upon us, get in us and take hold of us
 - Cares can be thrown-Cares are real and we can really thrown them and not take them
- **We can cast all our cares on the Lord and be careful for nothing-Ph4:6**-Be careful (anxious, have care, trouble with cares) for nothing (no, none, not at all, not any, nothing)
 - If you’re careful for nothing that means that every care that came to you. you cast on the Lord-1 Peter 5:7 is how you do Philippians 4:6
 - Cares that you let get in you rob you of joy and peace-It’s evident when you take the care