

CASTING ALL YOUR CARE UPON HIM – To Worry Is A Choice – Wednesday, April 7th

- **To take the care or to not take the care is a choice-***Mt6:25-I say unto you, Take no thought for your life; 1Pt5:7-Casting all your care upon the Lord*
 - With every care that comes you have two options-Take it or cast it
 - You do one of these two with every care that comes-No such thing as doing neither
 - Regarding every care that comes, you have to make a choice-What will I do with this one
 - God doesn't make you cast your care on Him and won't do it for you-He's talking to you
 - The enemy can't make you take the care-It's your choice
- **Anyone who is worried, anxious or troubled chose to take the care when they didn't have to**
 - These took the care and didn't have to-Jesus isn't leaving them idea they couldn't help it-*Mk4:40-Why are you so fearful? How is it that you have faith? Mt14:30-When he saw the wind boisterous he was afraid...O thou of little faith why did you doubt*
 - These could have taken the care worried and didn't-*1Sm17-David; Dn3-Hebrews; Lk8-Jairus*
 - You don't have to take the care even in an extreme situation-Situation doesn't dictate it
- **You can help it whether or not you take the care and worry – You have authority**
 - Many believe they can't help it-They'll emphatically tell you that they can't help it and if you were in their shoes you'd be doing the same thing
 - We are not victims of worry, care and anxiety-It's a choice
 - Jesus' answer to worry and being troubled is stop it-Can they just stop it-*Jn14:1-Let not your heart be troubled (ST-Agitate, trouble; TH-Inward commotion, anxious, distressed; W1828-Grieve, sorrowful)*
 - The enemy has deceived many into believing that it's not that simple-(See Hannah)
 - You can't stop the thoughts and feelings from coming, but you never have to yield
 - We have authority over worry, cares, anxiety and fear-We can put them in the ground