

THE LORD IS MY HELPER

God Is Your Helper

- I. **God is my helper**-*Ps54:1*-A Psalm of David, when the Ziphims came and said to Saul, Doth not David hide himself with us? **Save** (help) me, O God, by thy name, and **judge** (vindicate) me by thy strength. ²**Hear** (tend) my prayer, O God; give ear to the words of my mouth.³For strangers are risen up against me, and **oppressors** seek after my **soul**: they have not set God before them.⁴**Behold** (fix the eyes upon), **GOD IS MINE HELPER**... ⁵He shall reward evil unto mine enemies: cut them off in thy truth. ⁶I will freely sacrifice unto thee: I will praise thy name, O Lord; for it is good.⁷For he has delivered me out of all trouble (adversity, distress).
- A. David wrote when his life was in danger-Saul's army is after Him-*1Sm23:8-ICB*-Saul called all **his army** together for battle. They prepared to go down to Keilah to attack David and his men-*1Sm24:2*-Saul led 3,000 of Israel's best soldiers out to look for David
- B. In a time of trouble he appealed to the help of God-Should we do this?
- C. Helper-Aid, succor (run to support, help in difficulty, want or distress; to assist)-**W1828**-One that helps, aids, assists-*Ps54:4-CEV*-You will help me, Lord God, and keep me from falling; My Lord will support me
- D. In pressure: 1.He said God is my helper 2. He focused on God is my helper
1. Said-Instead of talking about how difficult this situation was
2. Behold-Instead of thinking about how hard it was-**ER**-Look my God will help me
- E. When facing a challenging situation you need help-Us (w/o God) are incapable in so many ways and no situation is just like another: We don't know what to do, what to pray, what verse to stand on, there's things we don't know, see and understand, we need strength, we may need to repent, but when we appeal to God's help it covers everything you may need for that situation
- F. Purpose in your heart, train yourself-That when things come up the first thing you do is appeal to God's help
- G. Help means God helps you do something NOT He does everything for you-You pray, believe, hear, do, resist, persevere and God helps you
- II. **God said He would be our helper**-*Is41:10*-Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee...¹³For I the LORD thy God will hold thy right hand, saying unto thee, Fear not; I will help thee.¹⁴ Fear not, thou worm Jacob, and ye men of Israel; I will help thee
- A. This is one of the best things God said to us-His help covers everything you may need in a situation and if He helps you you're going to overcome
- B. Believing and knowing God is your helper makes you bold-*Is50:7*-For the Lord GOD will help me; therefore shall I not be confounded: therefore have I set my face like a flint, and I know that I shall not be ashamed. He is near that justifieth me; who will contend with me? let us stand together: who is mine adversary? let him come near to me. Behold, the Lord GOD will help me
- C. Believing and knowing He will help you removes fear-*Ps46:1*-God is our refuge and strength, a very present help in trouble. ²Therefore will not we fear, though the earth be removed, and though the mountains be carried into the midst of the sea; ³Though the waters thereof roar and be troubled, though the mountains shake with the swelling thereof
- III. **The one who hung the planets in the universe rides through skies to help me**-*Dt33:26-ER*-There is no one like the God of Israel! He rides on the clouds in his divine greatness. He comes riding through the skies to help you.