

## THE LORD IS MY HELPER

### Where Does Your Help Come From?

- I. **One thing that keeps people from receiving God's help is not looking to the Lord for help, but looking somewhere else for help-Is30:1-Woe to the rebellious children, saith the Lord... <sup>2</sup>That walk to go down into Egypt, and have not asked at my mouth; to strengthen themselves in the strength of Pharaoh, and to trust in the shadow of Egypt! <sup>18</sup>And therefore will the Lord wait, that he may be gracious (help) unto you**
- A. **If you don't look to The Lord for help, you won't get His help-2Ch16:7-Hanani the seer came to Asa king of Judah, and said unto him, Because thou hast relied on the king of Syria, and not relied on the Lord thy God, therefore is the host of the king of Syria escaped out of thine hand. <sup>8</sup> Were not the Ethiopians and the Lubims a huge host, with very many chariots and horsemen? yet, because thou didst rely on the Lord, he delivered them into thine hand. <sup>10</sup> Then Asa was wroth with the seer, and put him in a prison house...<sup>12</sup> And Asa...was diseased in his feet, until his disease was exceeding great: yet in his disease he sought not to the Lord, but to the physicians. <sup>13</sup> And Asa...died**
- B. **Many are running to the world for help-They look to doctors, therapists, medication, counselors, government, experts and not even asking the Lord about it-They will not get the Lord's help**
- C. **It needs to be strong in us that God is our helper-Ps54:4-God is mine helper; Ps70:5-I am poor and needy: make haste unto me, O God: thou art my help and my deliverer**
- II. **We are to look to God for help-Ps121:1-I will lift up mine eyes unto the hills, from whence cometh my help. <sup>2</sup>My help cometh from the Lord, which made heaven and earth. <sup>3</sup>He will not suffer thy foot to be moved...<sup>5</sup> The Lord is thy keeper: The Lord is thy shade upon thy right hand. <sup>7</sup>The Lord shall preserve thee from all evil: He shall preserve thy soul. <sup>8</sup>The Lord shall preserve thy going out and thy coming in from this time forth...**
- A. **When you need help with ANYTHING train yourself to look to the Lord-Parenting, financial, mental, physical, marriage, work-Pr3:6-In all thy ways acknowledge him, and he shall direct thy paths.**
- B. **When you need help, look only to The Lord-Ps62:1-Truly my soul waiteth upon God: from him cometh my salvation (aid). <sup>2</sup>He only is my rock and my salvation; he is my defence; I shall not be greatly moved. <sup>5</sup>My soul, wait thou only upon God; for my expectation is from him. <sup>6</sup> He only is my rock and my salvation: he is my defence; I shall not be moved. <sup>7</sup> In God is my salvation and my glory: the rock of my strength, and my refuge, is in God.**
- III. **Vain is the help of man-Ps60:11-Give us help from trouble: for vain is the help of man (worthless). <sup>12</sup>Through God we shall do valiantly: (AM-Have victory) for he it is that shall tread down our enemies-NCV-Human help is useless, <sup>12</sup> but we can win with God's help; Is30:7-For the Egyptians shall help in vain, and to no purpose...Their strength is to sit still**
- A. **Stop looking to flesh-Ps146:3-Put not your trust in princes, nor in the son of man, in whom there is no help-Ps33:16-There is no king saved by the multitude of an host: a mighty man is not delivered by much strength. <sup>17</sup>An horse is a vain thing for safety: neither shall he deliver any by his great strength. <sup>20</sup>Our soul waiteth for the Lord: he is our help**
- B. **People look to man thinking man is my answer-They're an expert-Is31:1-Woe to them that go down to Egypt for help; and stay on horses, and trust in chariots, because they are many; and in horsemen, because they are very strong; but they look not unto the Holy One of Israel, neither seek the LORD! <sup>3</sup> Now the Egyptians are men, and not God; and their horses flesh, and not spirit**
- C. **It's going to take more than the help of man to make it-Ps124:2-If it had not been the Lord who was on our side, when men rose up against us: <sup>3</sup> Then they had swallowed us up quick...<sup>7</sup>...Our help is in the name of the Lord, who made heaven and earth.**
- D. **Who your help is will determine victory or defeat-Ps20:7-Some trust in chariots, and some in horses: but we will remember the name of the LORD our God. <sup>8</sup> They are brought down and fallen: but we are risen, and stand upright.**