

THE LORD IS MY HELPER
Humility & Faith (Ask & Believe)

I. 3 keys to receiving God's help: Humility asks, faith believes, honor listens

II. The humble get the grace/the help-*Js4:6-God resisteth the proud, but giveth grace (Hb4:16-Grace to help) unto the humble. ¹⁰Humble yourselves in the sight of the Lord, and he shall lift you up-Ps138:6-Though the Lord be high, yet hath he respect unto the lowly: but the proud he knoweth afar off*

A. Humility deals with honesty-Ob1:3-The pride of thine heart hath deceived you, you that dwellest in the clefts of the rock, whose habitation is high; that saith in his heart, Who shall bring me down to the ground? ⁴ Though you exalt thyself as the eagle, and though you set thy nest among the stars, thence will I bring thee down, saith the Lord.

1. The truth is without God we are nothing, can do nothing, have nothing, know nothing-Ga6:3-If a man think himself to be something when he is nothing, he deceiveth himself-Jn15:5-Without me ye can do nothing-1Co4:7-ERV-Who do you think you are? Everything you have was given to you. So, if everything you have was given to you, why do you act as if you got it all by your own power?-1Co8:2-CEV-People who think they know so much don't know anything at all-Jn5:30-I can of mine own self do nothing

2. The truth is without God's help, we won't make it-Ps94:17-Unless the Lord had been my help, my soul had almost dwelt in silence

B. Acknowledging reality, humility asks for help-No matter the situation one thing we should be doing is asking for help because the truth is without God's help we know nothing, can do nothing, are nothing, have nothing

1. To get God's help must ask-Mt7:7-Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: ⁸ For every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened

2. You have to come and get help-Hb4:16-Let us therefore come boldly unto the throne of grace that we may obtain mercy and **find** (get) grace to help in time of need

C. Pride won't ask-It's somebody, knows what do, has the answers, can do it - Watch about blaring off into spiritual activity and not asking for help

III. Faith believes confidently God will help me

A. To obtain God's help you have to be confident He will help-You have to come the right way to obtain the help-Heb4:16-Let us therefore **come boldly** (confidence, assurance) unto the throne of grace, that we may obtain mercy, and **find** (get) grace to help in time of need; *Js1:5-If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. ⁶But let him ask in faith, nothing wavering*

B. To receive help you must trust He will help-Ps28:7-The LORD is my strength and my shield; my heart **trusted** (confident, sure, bold) in him, and I am helped-Ps37:40-The LORD shall help them, and deliver them: he shall deliver them from the wicked, and save them, because they **trust** in him-Ps115:11-Ye that fear the Lord, **trust** in the Lord: he is their help

C. You can be confident God will help you because He said I will help you-Hb13:5-For he hath said, I will never leave thee, nor forsake thee. So that we may boldly (confidence) say, The Lord is my helper; *Is41:10-I am thy God: I will strengthen thee; yea, I will help thee.*

D. If you're not confident God will help you, faith is weak and therefore needs to be fed The Word and exercised by choosing to believe-Rm10:17-So then faith comes by hearing, and hearing by the Word of God; *Is7:9-If ye will not believe...*