

## VICTORY OVER FEAR

### Resist Fear

- I. **We'll all encounter feelings of fear—Elsewise Jesus wouldn't say this—*Jn14:27—Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.***
- A. Your heart will try to be afraid—Thoughts/feelings of fear come to us all
  - B. The big issue is what you do when fear comes, when you feel afraid
  - C. Jesus said don't let your heart be afraid when it tries to be afraid—Don't permit/allow it to be—According to Jesus **YOU** can stop fear in it's tracks
  - D. We are to resist fear when it comes—You push back against that fear, resist it, say no to it and you never lay down and let it eat you up—*Jn14:27—TPT—Don't yield to fear—DARBY—Let not your heart be troubled, neither let it fear—AC—Do not permit yourselves to be fearful*
- II. **You have to resist fear to walk in victory over it—*Js4:7—Submit to God, resist the devil and he will flee from you***
- A. We are to resist the devil and his attacks—*JS4:7—VO—Fight against the devil and his schemes; 1Pt5:8—AM—Be firm in your faith against his attack*
    - 1. Fear is an attack of the devil—*2Tm1:7—God hath not given us the spirit of fear*
  - B. Praying/asking God to do something about fear isn't what we're told to do—You resist the devil, you don't let it be afraid—*Jn14:27, Js4:7*
    - 1. You have to push back against fear to get rid of it—God won't do that for you
  - C. Anything you want to get rid of you have to resist—Whatever you yield to you will have, whatever you resist you will get rid of, what you don't resist will hang around
- III. **What does it mean to "resist"**
- A. To resist is to take a stand against someone/something—You tell them/it, "No you don't! Not in my life!"
  - B. To resist to push back against (act in opposition)—To resist the devil is to push back against him and anything he tries to do in your life
  - C. To resist is to not yield—Not allow, concede, comply with, give way, don't oppose
- IV. **You resist fear with your words and with your will—*Ps23:1—The Lord is my shepherd; I shall not want. <sup>2</sup>He maketh me to lie down in green pastures: he leadeth me beside the still waters. <sup>3</sup>He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. <sup>4</sup>Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. <sup>5</sup>Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. <sup>6</sup>Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever. (NOTE: David wrote this Psalm during of the most dangerous times in his life. He was fleeing from King Saul and his army. David hid himself in a barren, desolate, forest called Hareth, which means a parched and dry like baked earthenware)***
- A. His words—This whole Psalm is his declaration in distress
  - B. His will—He choose to not lay down to fear but to push back against it